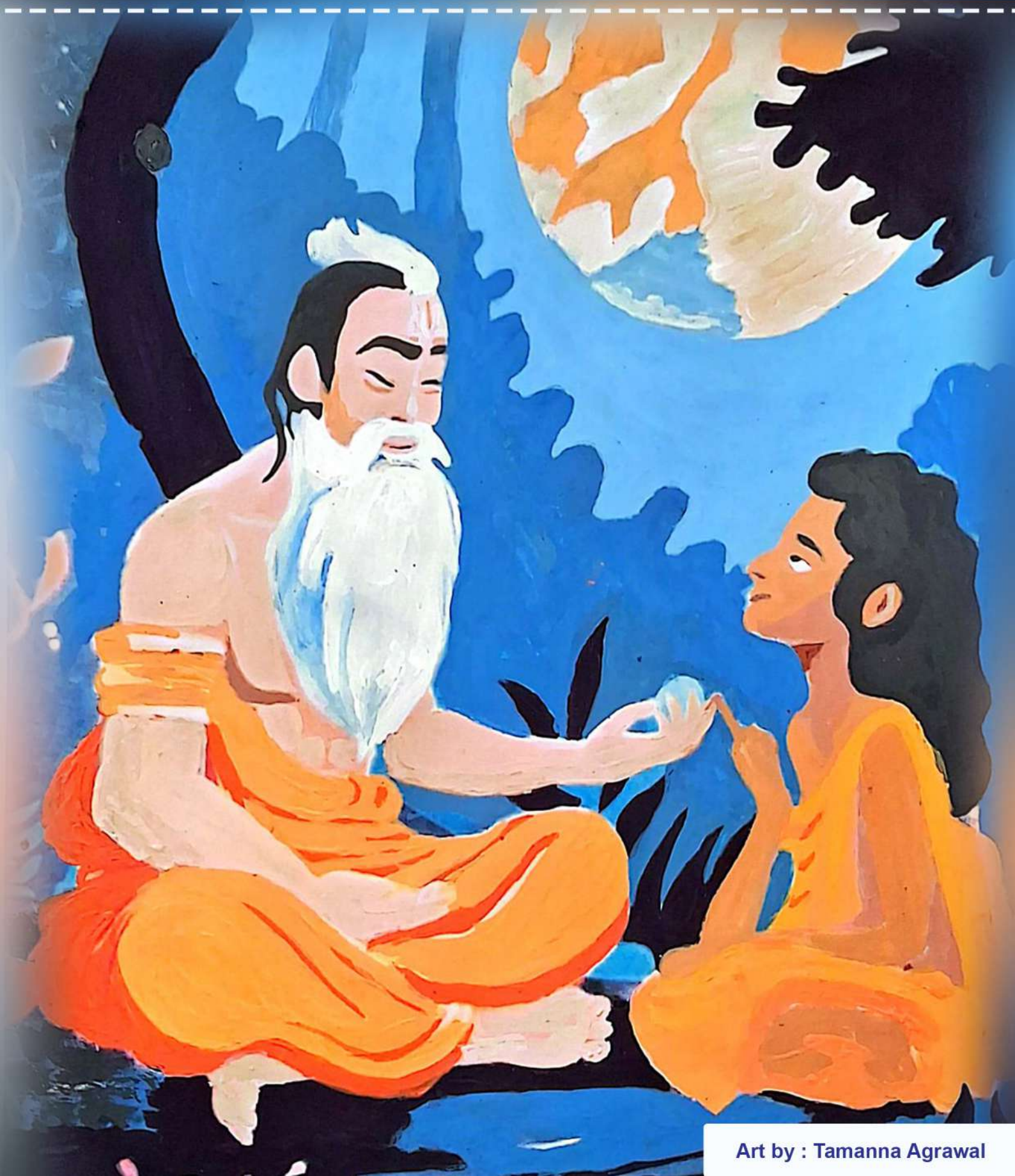


REFLECTION

प्रतिबिम्ब

OUR YEARBOOK 2026



For higher educational excellence and exceptional schooling experiences through sharing of good practices,

'The Gurukulam School' takes an honest pride in collaborating with -

Learning Realm International (LRI) School,
Kalanki, Kathmandu

A premier educational institution of international renown & acclaim, having the following global institutional partners/collaborators:



CHINA

- Center for Language Education and Cooperation, Beijing
- Beijing International Chinese College (BICC), Beijing
- Beijing No. 80 High School, Beijing
- Beijing Information Technology College (BITC), Beijing
- Luoyang No. 1 Senior School, Luoyang
- Tianjin Yinghua International School, Tianjin



JAPAN

- Everest International School, Tokyo
- Kumon Institute of Education, Osaka
- Gunma Symphony Orchestra



SOUTH KOREA

- Bokhyun Middle School, Daegu
- Kyungwon High School, Daegu
- Sunghwa Girls' High School, Daegu
- Seobyun Middle School, Seongnam
- Korea Nepal Buddhist Cultural Foundation, Daegu
- Korean Management Practice Association
- Namseoul University, Cheonan
- Konyang University
- Far East University



INDIA

- Jain International Residential School, Bengaluru
- Seth Anandram Jaipuria School, Kanpur
- Shree Ram Ratna Vidya Mandir, Maharashtra



INDONESIA

- Sekolah Tinggi Desain Institute, Bali



THAILAND

- Banna Nayokpittayakorn School
- Nawamarachanusom School
- Nayokwattanakorn (Banna) School
- Rajprachasamasai Phaimathayom Ratchadabhisek School (Under the Royal Patronage)
- Watsongham School
- Kokkathiamwithayalai School
- Chaibadanwittaya School
- Koktoomwittaya School



MALAYSIA

- Chung Hua High School, Taman Unian
- Segi University, Kuala Lumpur
- Aik Kuan Kindergarten School



RUSSIA

- State Autonomous Educational Institution of Additional Professional Education of Moscow city "Center of Pedagogical Proficiency", Moscow - 119270
- Autonomous Non-Profit Organisation School of the Center of Pedagogical Proficiency, Moscow - 129272
- Autonomous non-profit organization of Additional Education "Center of European and Asian Languages" MoscoW - 105064



UK

- English in Chester Institute, UK



THE
GURUKULAM
SCHOOL
(संस्कार युक्त शिक्षा)

REFLECTION

प्रतिबिम्ब

THE GURUKULAM SCHOOL
YEARBOOK 2026



THE GURUKULAM SCHOOL

Sitapaila Chowk, Swoyambhu, Kathmandu

Phone: 01-5906488, 01-5381688

Email: info@gurukulamschoolnepal.edu.np

Website: gurukulamschoolnepal.edu.np

PATRON

Mr. Kamal Agrawal

EDITORIAL CHIEF

Mr. Sunil Pradhan

SUPPORT TEAM

Mr. Manoj Baisya

Ms. Binuja Basnet

COVER PAGE ARTIST

Ms. Tamanna Agrawal

GRAPHIC DESIGN

Mr. Nishchal Rana



काठमाडौं महानगरपालिका

यस महानगरपालिका
नगर कार्यपालिकाको कार्यालय
१५ नं. वडा कार्यालय
डल्लु, काठमाडौं
बागमती प्रदेश, नेपाल



पत्र संख्या : २०८२/२०८३ १०९

चलानी नं. : ०९६००

मिति : २०८२-१०-२६

ने.सं. : ११४६ सिल्लागा, ८ सोमवार

शुभकामना सन्देश

गुरुकुलम स्कूलको दोस्रो मुखपत्र प्रकाशित हुनु एक महत्वपूर्ण उपलब्धि हो। शिक्षा क्षेत्रको प्रवर्द्धनमा यस्ता प्रकाशनहरूले विद्यार्थी, शिक्षक तथा अभिभावकहरूलाई जानकारीमूलक तथा प्रेरणादायी सामग्री प्रदान गर्ने विश्वास लिएको छु।

विद्यालय मात्र शिक्षाको केन्द्र होइन, यो संस्कार, नैतिकता र सामाजिक उत्तरदायित्व सिकाउने महत्वपूर्ण स्थान हो। गुरुकुलम स्कूलले शिक्षाको गुणस्तर बृद्धि गर्दै विद्यार्थीहरूको सर्वाङ्गीण विकासमा योगदान पुर्याएको छु भन्ने कुरामा म विस्मृत छु।

यस मुखपत्रले विद्यालयका गतिविधि, विद्यार्थीहरूको सिर्जनशीलता तथा नवप्रवर्तनशील प्रयासहरूलाई उजागर गर्ने अवसर प्रदान गर्नेछ। यसले विद्यार्थी, शिक्षक तथा अभिभावकहरूबीच अझ राम्रो सम्बन्ध स्थापित गर्न मद्दत पुर्याउनेछ।

यस ऐतिहासिक प्रकाशनको अवसरमा विद्यालय परिवारलाई बधाई तथा शुभकामना व्यक्त गर्न चाहन्छु।

आगामी दिनहरूमा पनि विद्यालयले शिक्षा क्षेत्रमा थप उत्कृष्ट कार्य गर्दै अघि बढोस् भन्ने शुभेच्छा व्यक्त गर्दछु।



२०८२/१०/२६

इन्दुरमान डंगोल
वडा अध्यक्ष

MESSAGE FROM SCHOOL ADVISOR

AN ENGAGING 'GURUKULAM YEAR' IN REVIEW



As we look back to the Academic Session 2082, it immensely recharges us to see how steadily Gurukulam School has been growing in a friendly bonding with the community. This session has witnessed some cute infrastructural enhancements at School giving the students a livelier place to learn and play. Though challenging, the incredible teamwork of School administration, teachers, and support staff has collectively led a modest execution of academic plans and activities. And the School has visibly offered a joyful life through Annual Day, Foundation Day, and many other celebrations of

yearlong cultural festivities.

One of the proudest moments of Gurukulam family was winning the prestigious Inter-School Robotics Competition, showing to all what The Gurukulam students can achieve through enthusiasm, focus, and confidence. The Leadership Close Camp of Student-Captains was another exciting platform for their unique personality development.

Nothing above would have been possible without a wholehearted supportive participation of The Gurukulam neighborhood, reminding the School of everyday connect, partnership, and collaboration with the dynamic parents.

Let's clap for this 'School-with-a-difference' into another promising year 2083 ahead!

Dr. Devkant Joshi
SCHOOL ADVISOR

MESSAGE FROM SCHOOL ADVISOR

THE GURUKULAM: BETTER EVERY SINGLE DAY



It is a great honor and pleasure to yet again connect with you all through our Annual School Magazine 2082. It is so gracious to see how far we have come by working and moving together. Our growth as an institution is a bright testament to the strength of our teamwork. Good job, our dedicated School administration, teachers, and support staff. Their passion, patience, and tireless commitment to nurturing every child ensure that our School indeed is a vibrant, dynamic, and inspiring place of quality education.

The Gurukulam School's success lies in the trust and blessings of its parents. Their continuous support and constructive participation have guided us to provide the best Schooling experience to the children. And dear students: your enthusiastic performances in-and-out of the classroom continue to push us further to think and do more-n-more for you. Your unique bonding with the School speaks high why we love and care for you so much every new day.

As we move into a new session of joyful Schooling experience, let's further elevate the legacy of our 'so-very-special' Gurukulam community. As a lovely family, we are not just a beautiful structure but a sweet 'home away from home'.

Big thanks and wishing you another exciting and prosperous New Year 2083!

Dr. Sourya Pant
Director

PROMOTING HOLISTIC STUDENT DEVELOPMENT THROUGH ACADEMICS, SPORTS, AND RECREATION



I am honored to serve as a member of the Board of Directors at The Gurukulam School. Our institution is deeply committed to the holistic development of our students. We believe that academic excellence forms the foundation of education, but it must be complemented by meaningful engagement in sports and recreational activities. These pursuits play an essential role in fostering physical fitness, discipline, and a healthy competitive spirit, enriching our students' daily lives.

Reflecting on my own journey, I have experienced firsthand the value of balancing academics with extracurricular passions. From a young age, I was drawn to sports, particularly cricket. By dedicating myself to both my studies and cricket, I had the privilege of representing my school in an international tournament featuring teams from 16 countries. That same year, I also achieved academic success, securing second position in my Grade 12 board examinations. This blend of discipline and enthusiasm has significantly shaped my personal growth.

Beyond academics and sports, we recognize the profound importance of strong family bonds and close friendships in a student's life. Travel and recreation offer wonderful opportunities to nurture these relationships, fostering connections that endure over time. As an adventure enthusiast, I

have been fortunate to explore activities such as skydiving and scuba diving. These experiences have not only been thrilling but have also enhanced my social skills and provided effective ways to manage stress.

At The Gurukulam School, we are dedicated to creating an environment that supports every facet of our students' development. By integrating academics, sports, and recreation, we strive to cultivate well-rounded individuals who are equipped to thrive in all aspects of life.

Mr. Ronak Agrawal

Director

CELEBRATING THE UNCONVENTIONAL



"Here's to the crazy ones, the misfits the rebels the trouble makers.

The round pegs in the square hole, the ones who see things differently; they are not fond of rules and they have no respect for the status quo.

You can quote them disagree with them, glorify or vilify them but the only thing you can't do is ignore them because they change things they push the human race forward.

While some of you may see them as the crazy ones we see genius because the people who are crazy enough to think they can change the world are the ones who do.

This is a thought that I believe in where each and every student should be treated according to their unique abilities.

Mr. Shirish Agrawal

Director

MESSAGE FROM THE ACADEMIC DIRECTOR



It gives me immense pleasure to present this edition of REFLECTION, a vibrant reflection of the creativity, dedication, and achievements of our students and teachers. This magazine is not just a collection of articles and artwork; it is a celebration of learning, imagination, and the true spirit of the Gurukulam School. The pages of this magazine beautifully showcase the talents, thoughts, and innovative ideas of our students, highlighting their academic excellence along with their artistic and literary abilities.

I would like to express my sincere gratitude to our parents, local community, and well-wishers for their continuous support, encouragement, and trust in our institution. Your cooperation and guidance play a vital role in shaping the future of our children and strengthening the Gurukulam family. Together, we are creating a learning environment where students feel safe, inspired, and motivated to achieve their dreams. Looking ahead, Gurukulam School is committed to further strengthening academic excellence through innovative teaching methods, modern learning resources, and skill-based education. We are also focusing on child welfare by ensuring a safe, inclusive, and nurturing environment that supports the emotional, social, and intellectual growth of every student. Our future plans include enhancing digital learning facilities, promoting holistic development, and introducing programs that prepare students to face global challenges with confidence and integrity.

I sincerely appreciate the efforts of the editorial team, teachers, and students who worked tirelessly to make this publication possible. Their dedication and teamwork have transformed ideas into a meaningful and inspiring magazine that represents the values of our institution.

I encourage all students to continue exploring their talents, expressing their ideas, and striving for excellence in every field. May this magazine inspire everyone to dream big, work hard, and contribute positively to society.

I congratulate everyone involved in bringing out this wonderful publication and wish Gurukulam School continued success in all its endeavors.

Sunil Pradhan

Academic & Administrative Director

“

विद्या सर्वोच्च शक्ति हो ।।

"Knowledge is the supreme strength"

”

PRINCIPAL'S MESSAGE



It gives me great pleasure to present this school magazine, which reflects the creativity and collective efforts of our school community. I sincerely appreciate all contributors for making this publication meaningful and inclusive.

At a glance, our school may appear similar to many others; however, Our approach to education sets us apart. We believe education goes beyond academic achievement and plays a vital role in character formation. Character building, for us, is not confined to classroom instruction alone. We intentionally integrate sports into academics — not merely as extracurricular activities, but as an essential part of learning through assignments, assessments, and daily practices. Through this approach, we nurture important qualities of our life such as discipline, teamwork, leadership, and resilience. We also believe learning should be student-centered rather than supply-based.

In today's world, students have access to the same information as teachers. Therefore, our classrooms emphasize discussion, sharing, reflection, and application of knowledge. Teachers guide, validate, and extend learning, while flipped learning, experiential activities, and student presentations serve as key learning strategies.

Above all, we recognize that every child is unique. No two learners are the same, and each deserves the opportunity to grow in their own way. Our role is to help students discover their strengths, develop confidence, and become the best version of themselves.

This magazine represents our shared journey, values, and commitment to meaningful education. I extend my heartfelt thanks to all students, teachers, parents, and contributors for being part of this vision.

Mr. Ratna Bahadur Bhandari
Principal

“

विद्या सर्वस्य भूषणम् ।।

"Knowledge is the greatest ornament"

”

PARTNERSHIP BETWEEN PARENTS AND SCHOOL: A KEY TO HOLISTIC GROWTH



Education is not confined within classroom walls. True learning begins at home and is strengthened in school. When parents and school walk hand in hand, children receive not only academic knowledge but also emotional security, moral values, and confidence. This partnership becomes the strongest pillar for a child's holistic growth. Regular communication is the foundation of this relationship. Parent-Teacher Meetings, academic progress reports, school notices, and digital communication platforms ensure transparency. More importantly, open dialogue builds trust. When parents share their child's strengths and concerns honestly, and when teachers provide constructive feedback sincerely, solutions become collaborative

rather than critical. This teamwork allows us to address academic challenges, behavioral issues, and emotional needs effectively.

Holistic growth means more than examination results. It includes moral development, social skills, leadership qualities, physical fitness, and emotional intelligence. Schools organize sports meets, cultural programs, value-based activities, and community events to nurture these aspects. But their impact multiplies when parents encourage participation, appreciate efforts, and reinforce positive behavior at home. A child who feels supported both at school and at home develops confidence and resilience.

In today's rapidly changing world, children are exposed to technology, social media, and various external influences. Guiding them requires vigilance and cooperation. Schools implement structured routines, digital awareness programs, and disciplined environments. Parents, on the other hand, monitor screen time, instill family values, and model responsible behavior. Together, we create a balanced framework that protects and prepares our students for the future.

Mutual respect is another key element. Education is a shared responsibility. Teachers are mentors and facilitators, while parents are the first educators in a child's life. When both respect each other's roles and maintain positive communication, students observe and learn the value of cooperation and humility.

At our institution, we believe that every achievement of a student is a result of collective effort. Behind every confident child stands a supportive family and a committed school team. By strengthening this partnership, we ensure that our students not only excel academically but also grow into responsible, compassionate, and capable individuals.

Let us continue to build bridges of trust, communication, and collaboration. Together, as partners in education, we can shape not just successful students, but strong citizens for tomorrow.

Miss. Rinku Agrawal

Director

“

ज्ञान नै श्रेष्ठ गहना ।।

"Learning is the noblest jewel"

”

GURUKULAM SCHOOL 'SAFETY CULTURE' ENHANCEMENT



During the next months, you will notice some changes in the school, focused on safety. We call it DRHS 'Disaster Reduction Health and Safety'. First, we are establishing signage, some of it looks obvious, others essential, but each time you see a sign, you will think 'Safety'. Exits and directional signs to evacuation assembly points A, B, and C depending on where your classroom or workstation is located, and each assembly point will be prioritized depending upon the type of crisis, whether fire or earthquake. As part of our Safety Culture enhancement, Staff have already had a introduction session with us, explaining the strategy, and we practiced correct

procedure for Earthquake Drill and discussed Fire Drill procedures.

Mr. Manoj Baisya is to be appointed the DRHS Officer and in future we will be creating Fire Wardens and First Aiders among existing staff, and all staff will all be attending safety, fire and first aid Awareness courses.

Safety will be the Schools priority for you the Student, Staff and Parent. Additional activities will include Road safety with new School Zone Signs and safety features at approach to the School gates, with a mini road safety layout to be painted on the ground area outside the canteen for pedestrian and cycle safety training. In addition, sessions on Personal safety in school and outside will be provided as the Safety Culture enhancement. Individual classroom programs will explain all and provide you with handouts to share at home with family, as part of our 'Community Outreach' program. Exciting times ahead for you all at Gurukulam in collaboration with 'WEaRE' and your Principals Management Team.

Mr. Garry De La Pomerai
Founder, WEaRE

“

संस्कारः मनुष्यस्य मूलं भवति

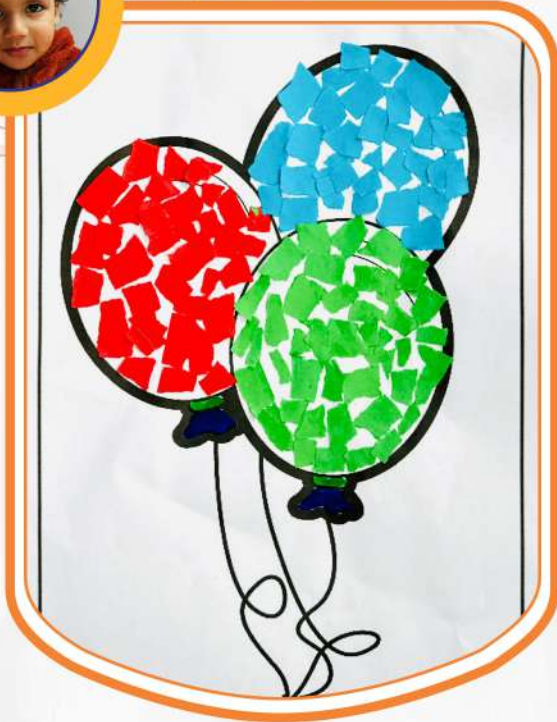
'Sanskar (values and refinement) is the very foundation of a human being'

”

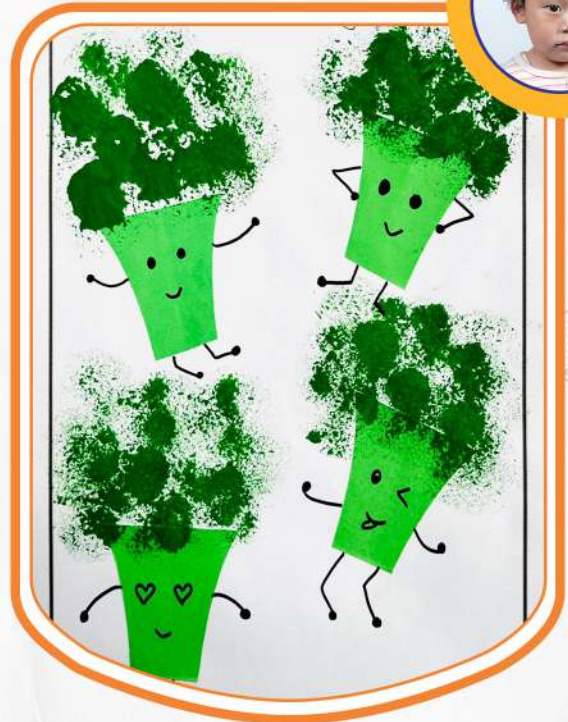
Art Work By PG



Priyansh Poudel



Tenzin Lhamo Tamang



Abhi Jung Gurung



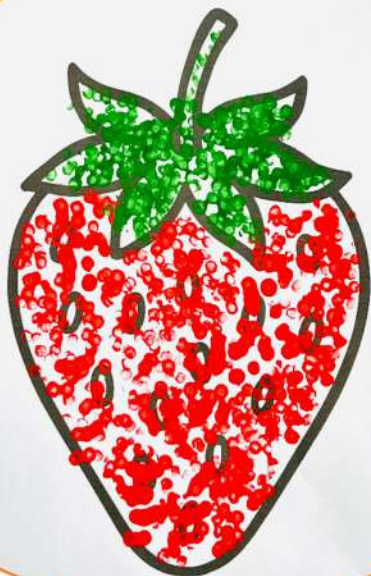
Sezal Shrestha



Art Work By PG



Ujan Shresthacharya



Rudra Rauniyar



Abhik Sharma



Dhwani Aggarwal



Art Work By PG



Anaya Adhikari



Priyanshi Shrestha



Annjaya Magar



Aayansh Pangeni



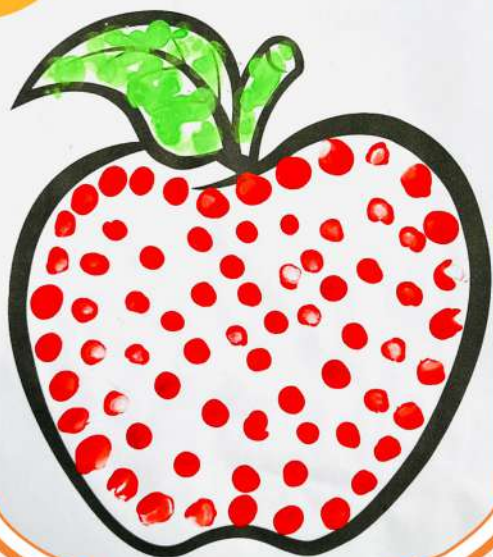
Name:- Aayansh Pangeni Playgro
* Snowy tree cotton ball craft.



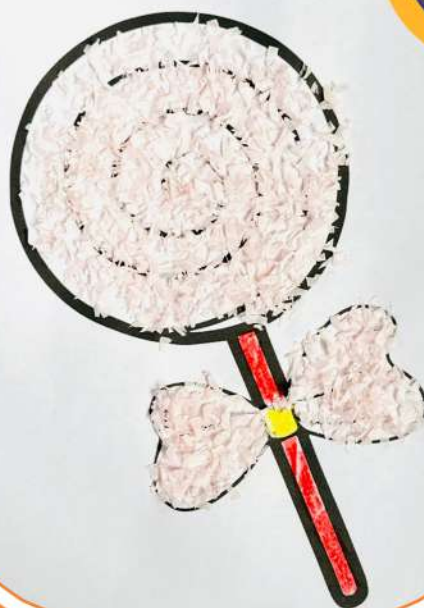
Art Work By PG



Akshiya Shrestha



Aayan Shrestha



Saanvi Thapa



“

निर्मल कल्पना ।।

Pure Imagination

”

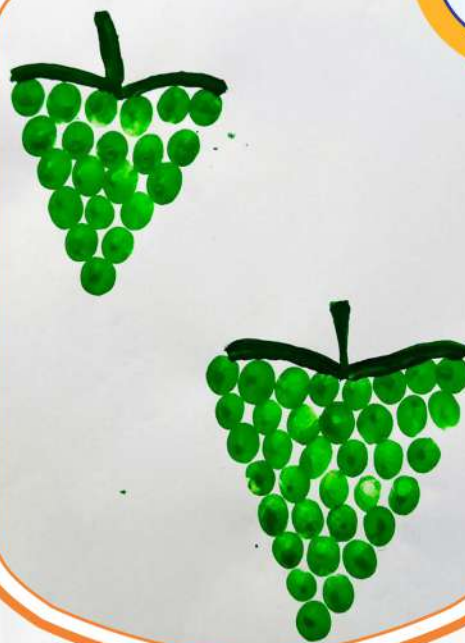
Creative Art Work By Foundation



Aayan Ansari



Diksheelika Khanal



Aadya Shree



Eron Rimal



Creative Art Work By Foundation



Tenzin Jyamchoe Tamang



Sebrina Joshi



Gyalchhen Norbu Lama



“

निर्दोष दृष्टि ।।
Innocent Visions

”

Creative Art Work By Foundation



Suhana Mainali



Aaira Biswa Mandal



Tshering Dolma Singtan



Aaron Ojha



Creative Art Work By Foundation



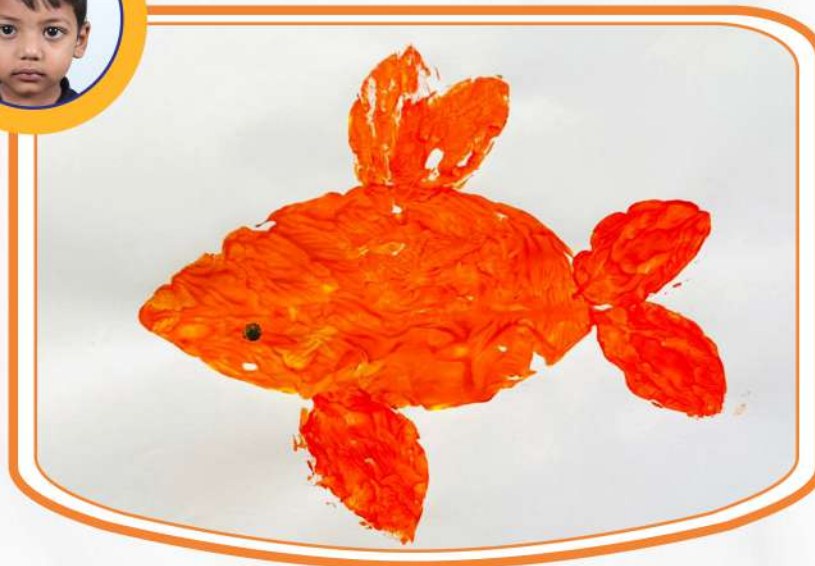
Greeva Baruwal



Ridhvi Rupakheti



Aayans Rauniyar



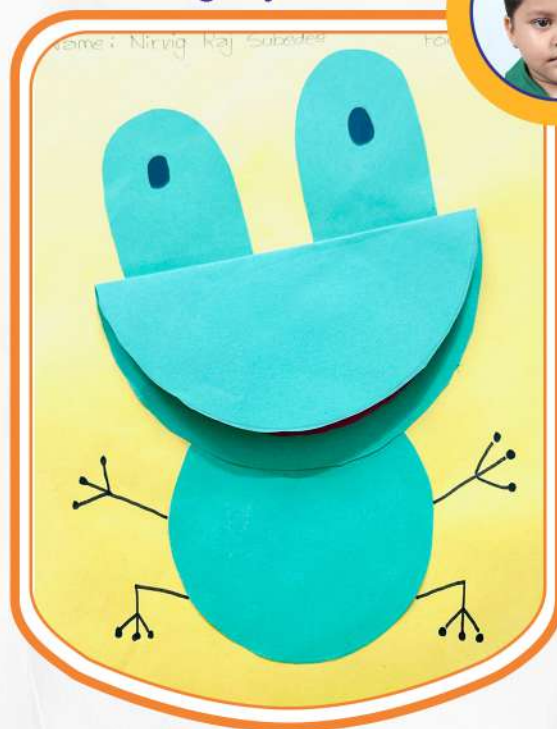
Creative Art Work By Foundation



Irshika Singh Maharjan



Nirvig Raj Subedee



Saanvi Bajracharya



Creative Art Work By Prep I



Luvay Bansal, Prep I



Sukirti Thapa, Prep I



Reyansh Pun, Prep I



Sonam Dolma Tamang, Prep I



Creative Art Work By Prep I



Ayan Dev, Prep I



Reyansh J. Thapa, Prep I



Roselyn Subedi, Prep I



Prasiddhi Tamang, Prep I



Creative Art Work By Prep I



Yohaán Jain, Prep I



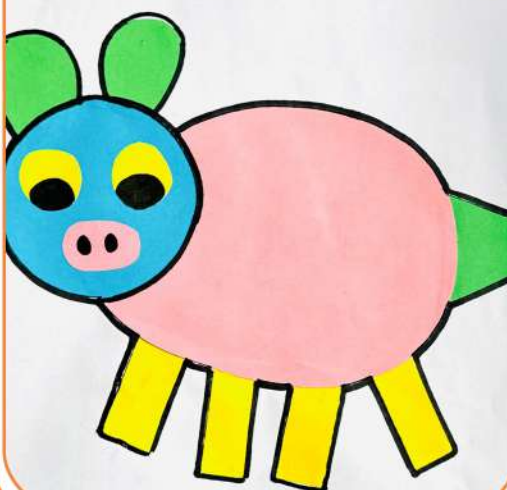
Grace Pradhan, Prep I



Leesa Shahi, Prep I



Shivansh Rauniyar, Prep I



Creative Art Work By Prep I



Aarambhi Joshi, Prep I



Aashir Kakshapati, Prep I



Praneel K.C, Prep I

Anshu Shrestha Balami,
Prep I

Creative Art Work By Prep II



Azlan Ahamad, Prep II

Name:-Azlan Ahamad

Prep II



Mayra Agrawal, Prep II

Octopus

Abheek Shrestha, Prep II



Bhavish Khariwal, Prep II



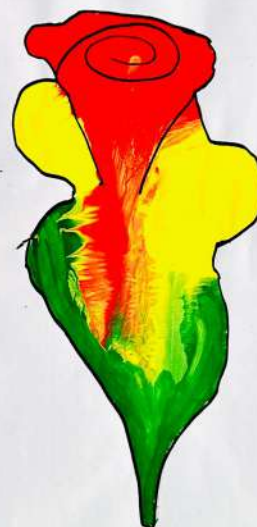
Creative Art Work By Prep II



Aayasta Bhandari, Prep II



Sampel Gake Dongba
Prep II



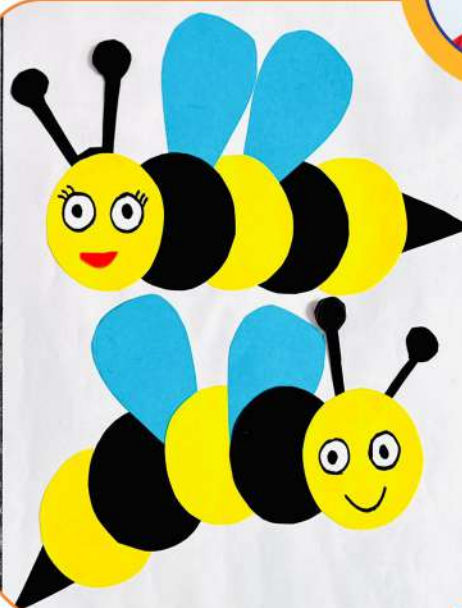
Aditri Shrestha, Prep II



Dolphin

A dolphin is a water animal.
A dolphin eats small fish.
Dolphin likes to play and
jump in water.

Harsh Agrawal, Prep II



Creative Art Work By Prep II



Ditya Rai, Prep II



Vidhi Agrawal, Prep II



Krishu Shrestha, Prep II



“

हर्षित सिर्जनाहरू ।।

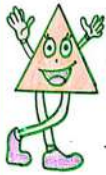
Joyful Creations

”

Creative Art Work By I-A



Deniya Ghale, I-A

Geometrical Shapes

I am a triangle
Proud as can be
Count my sides
1 2 3
Like a wedge
on the face
of an ancient pyramid.



I am a circle
(Ture: Are you sleeping?)

I am a circle
I am a circle
Watch me bend
Watch me bend
I am just a curved line
That will never end
I am a circle



Deniya Ghale
Grade: I 'A'

Grivani Subedee, I-A

Tree

Do not cut me
Cried the tree
Because I give you
rain free.
In my cool shade
you rest
Eat my fruits
that are best.
Take in my fresh
smell
Let me live
my life well.

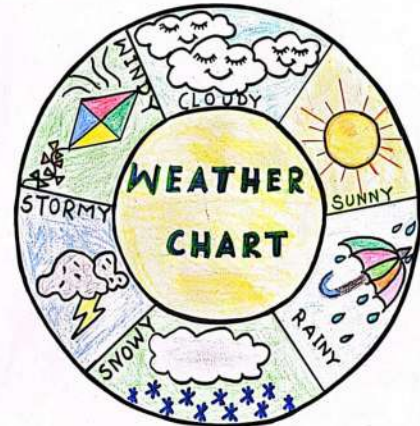


Amishka Thapa, I-A

Ascending And Descending Order

Amishka Thapa

Amayra Khatun, I-A



Creative Art Work By I-A



Aayu Gupta, I-A

My balloon

Aayu Gupta
Grade I 'A'

Alvish Shrestha, I-A

RIDDLE ME

I am a number.
I am not an odd number.
I am higher than 90.
I am not higher than 100.
If you subtract me from 100,
You get nothing.
What number am I?



Alvish Shrestha
Grade I 'A'



Aarav Poudel, I-A

Parts of the Day

Aarav Poudel
Grade I 'A'

Adlina Tamang, I-A

"Meet the mouse: Your Computer's Tiny Hero"

I saw a magic mouse one day.
I wondered if we two could play.
'Lots of work I have to do.
Why don't you help me to?

Creative Art Work By I-A



Hrit Pradhan, I-A

Rows and Columns

Row row row your boat
All across the sea
Left to right and
right to left Side to
side we be, Column
column up and down
Like Lincoln's monument
Top to bottom goes
the column. Even ONE
CENT!



Name: Hrit Pradhan
Grade: I 'A'



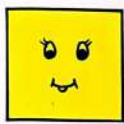
Aagraha Adhikari, I-A



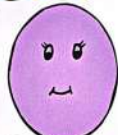
Done by
- Aagraha
Adhikari
Grade I 'A'



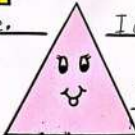
Shaarav Raj. Pandey, I-A

Shapes

I am a square.



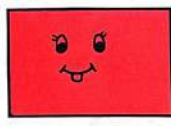
I am a oval.



I am a triangle.



I am a circle.

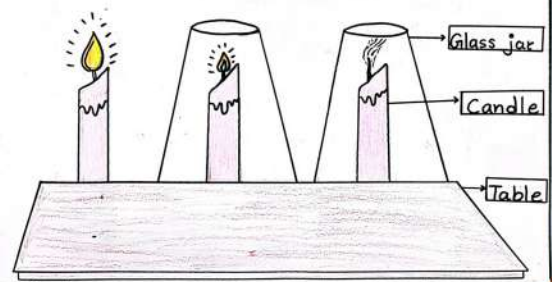


I am a rectangle.

Shaarav R. Pandey
Grade: I 'A'



Aabayak Lama, I-A

WE NEED AIR TO BURN

Aabayak Lama Grade I 'A'

Creative Art Work By I-A



Jebish Nepali, I-A

Ice-cream



Jebish Nepali
Grade : I 'A'



Kaya Agrawal, I-A



Kaya Agrawal
Grade: I 'A'



Aaramva Pandey, I-A



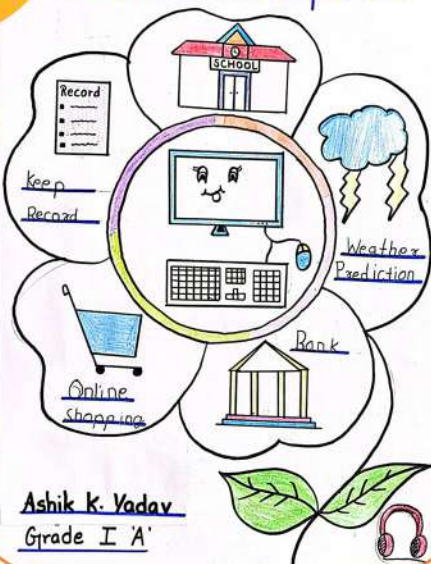
Aaramva

Abhyudaya Pratap Khand,
I-A

Creative Art Work By I 'A'



Ashik K. Yadav, I 'A'

Uses of computer

Ashik K. Yadav
Grade I 'A'



Aarshi Mahato, I 'A'



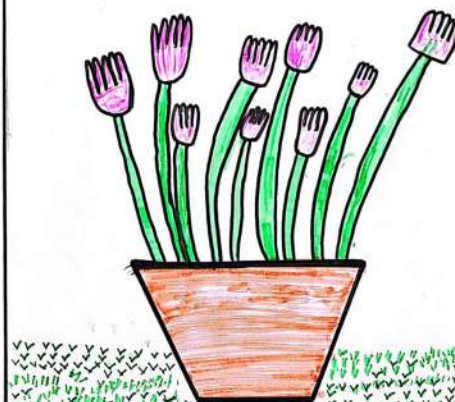
Devanshi Agrawal, I 'A'



Devanshi Agrawal
Grade I 'A'



Arnav Kedia, I 'A'



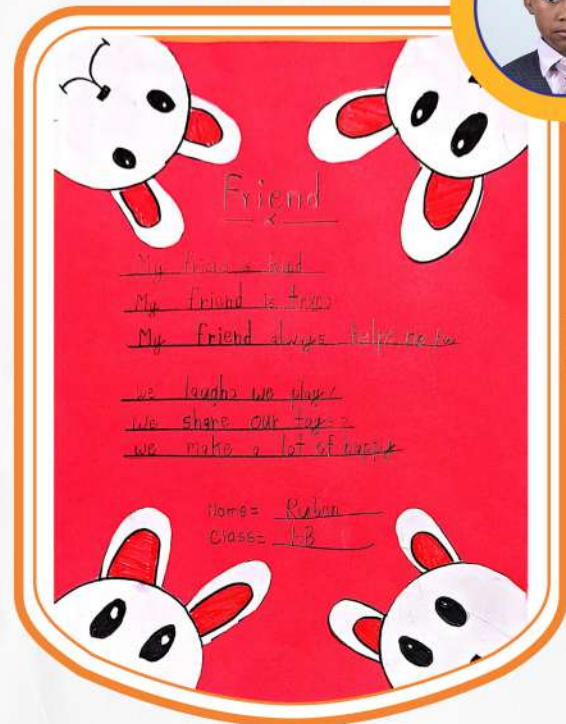
Arnav Kedia
GRADE I 'A'

Creative Art Work By I 'B'

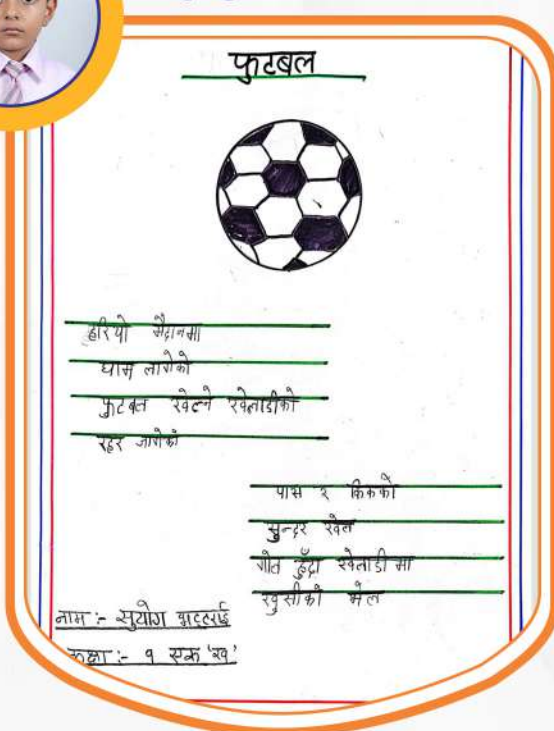
Sneha Metya, I 'B'



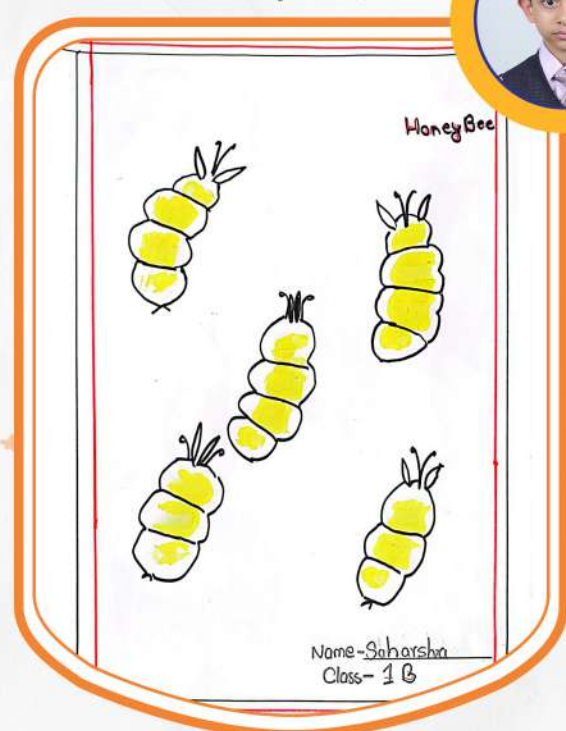
Ruben Urau, I 'B'



Suyog Bhattarai, I 'B'



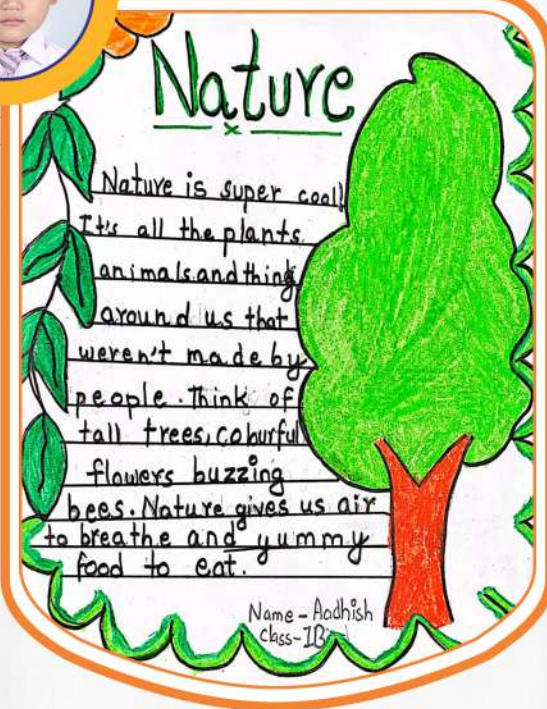
Saharsha Sapkota, I 'B'



Creative Art Work By I 'B'



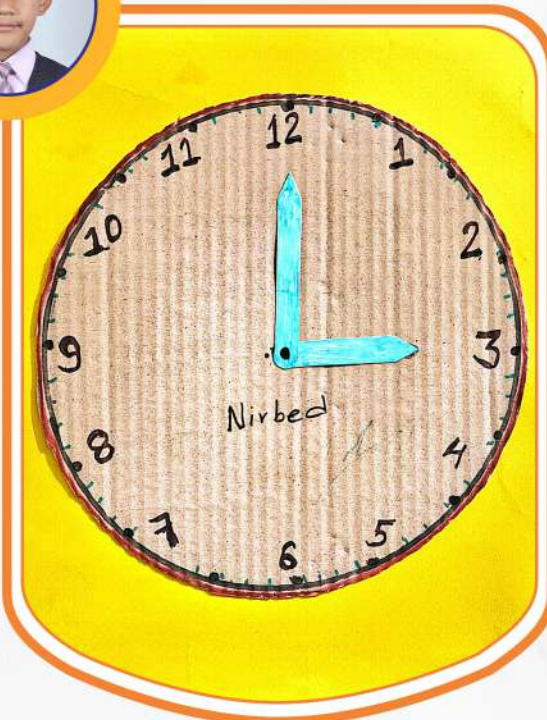
Aadhish Gurung, I 'B'



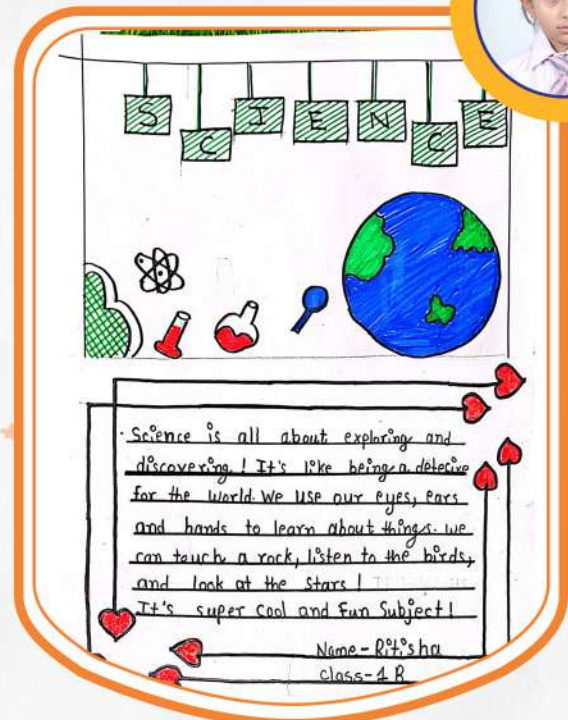
Sirjan Bista, I 'B'



Nirbed Bikram Darai, I 'B'



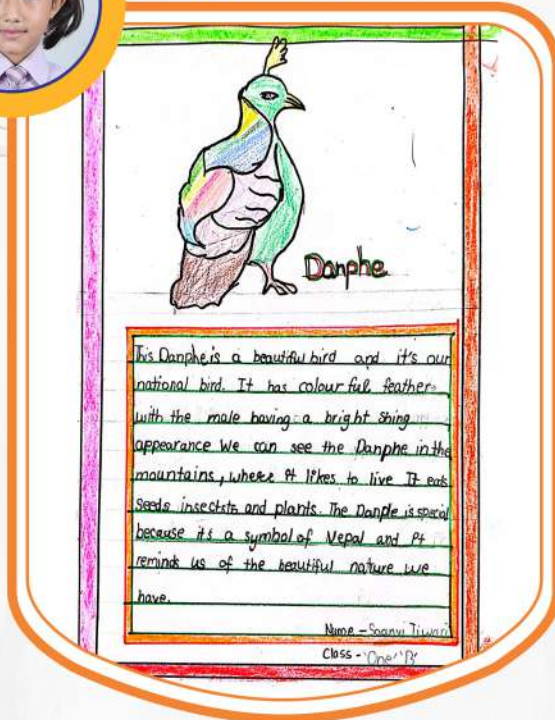
Ritisha Mainali, I 'B'



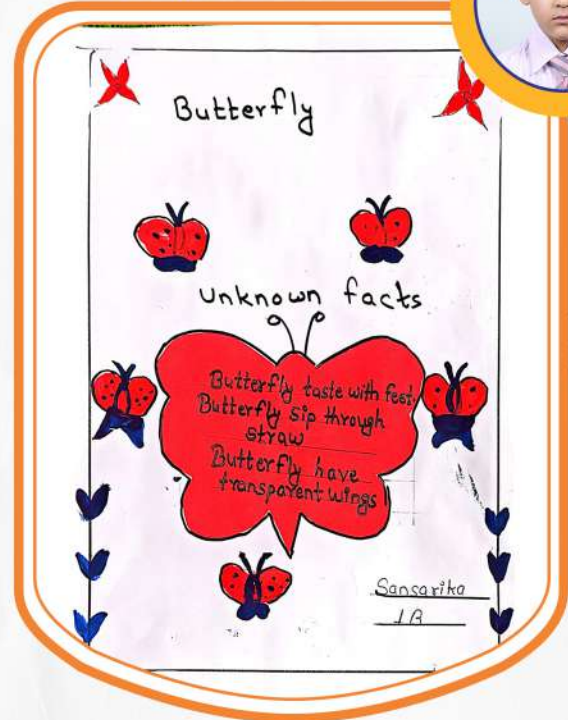
Creative Art Work By I 'B'



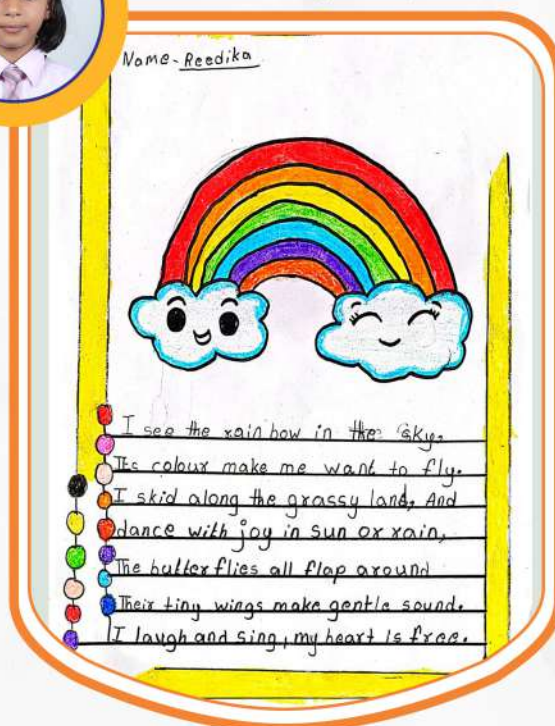
Saanvi Tiwari, I 'B'



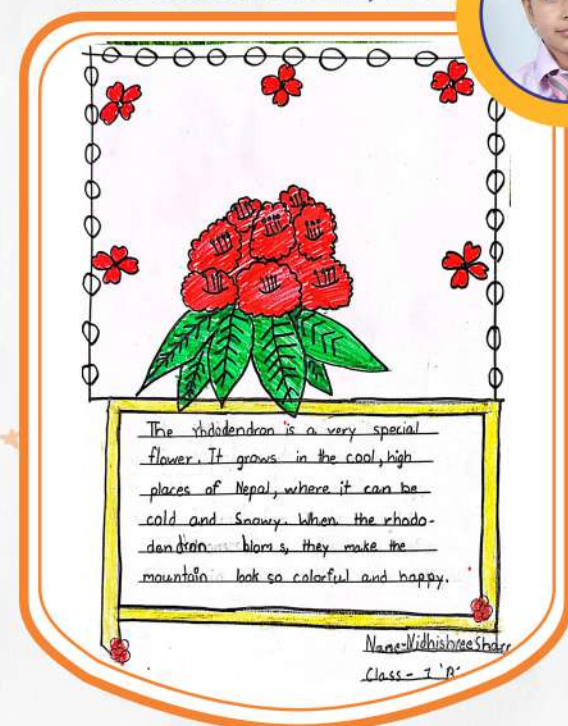
Sansarika Shrestha, I 'B'



Reedika Sapkota, I 'B'

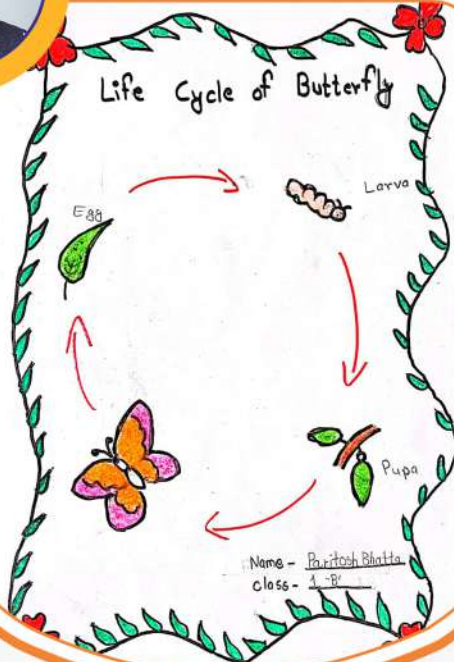


Nidhishree Sharma, I 'B'

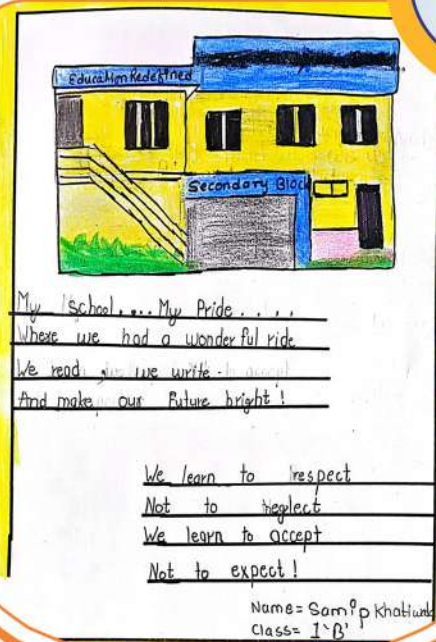


Creative Art Work By I 'B'

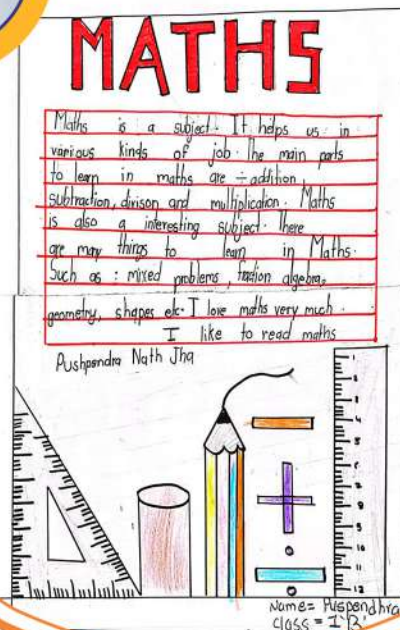
Paritosh Bhatta, I 'B'



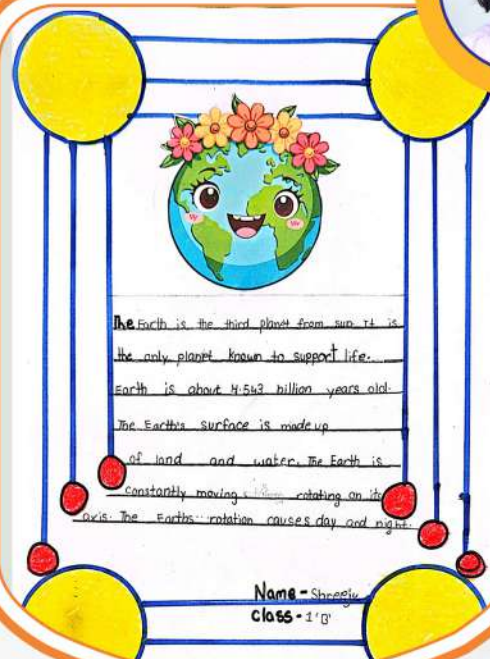
Samip Khatiwada, I 'B'



Pushpendra Nath Jha, I 'B'



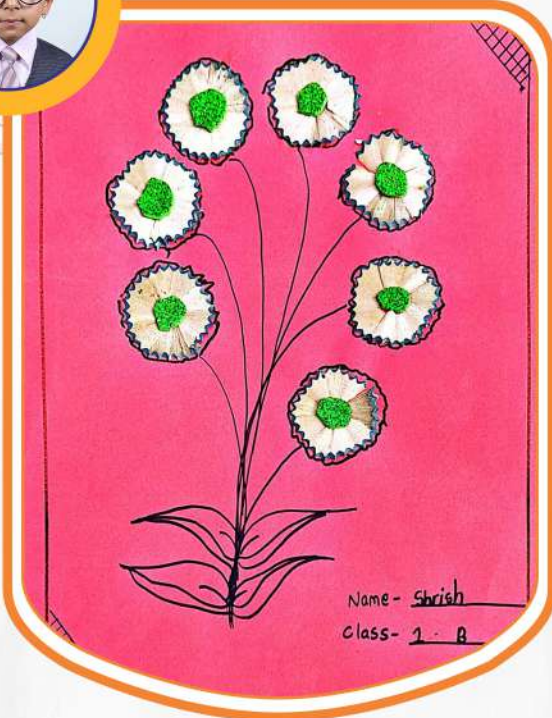
Shreeju Singh, I 'B'



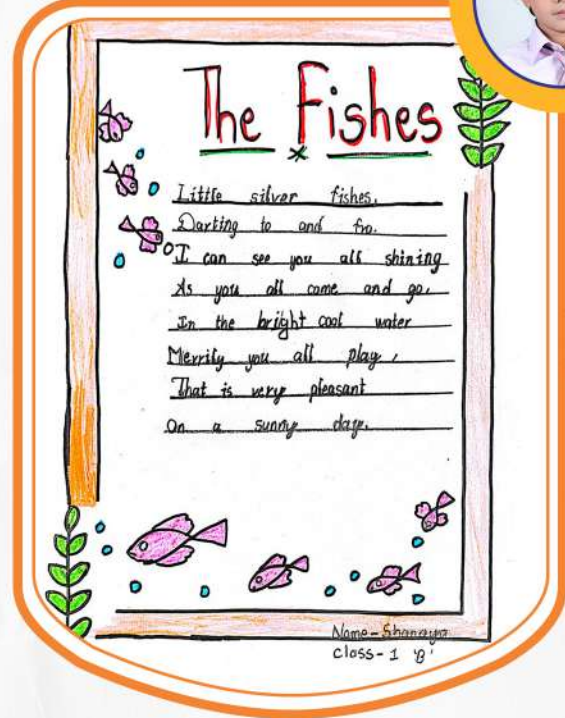
Creative Art Work By I 'B'



Shrish Bhusal, I 'B'



Shanaya Pandey, I 'B'



Sanvi Jimba, I 'B'



Trisha Silwal, I 'B'



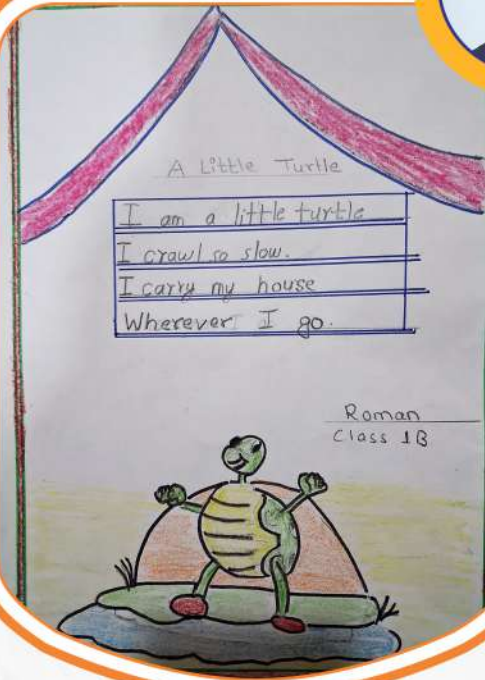
Creative Art Work By I 'B'



Sandesh Ranabhat, I 'B'



Roman Shyangtan, I 'B'



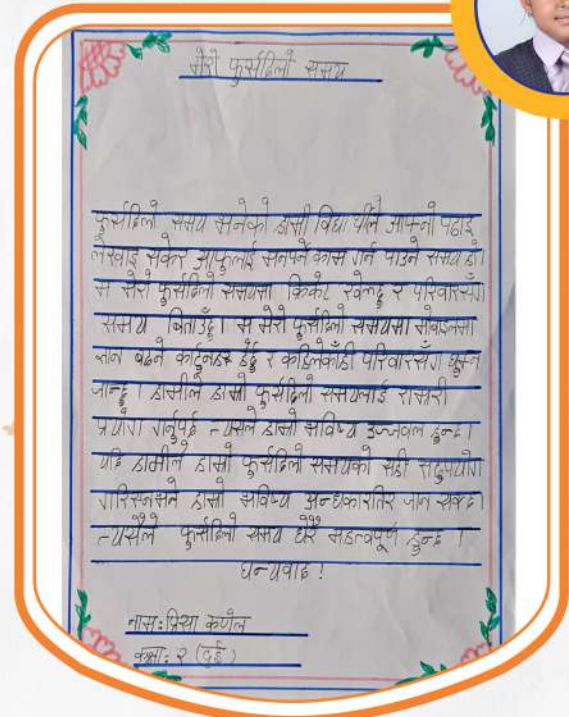
Creative Art Work By II



Kritagya Malakar, II



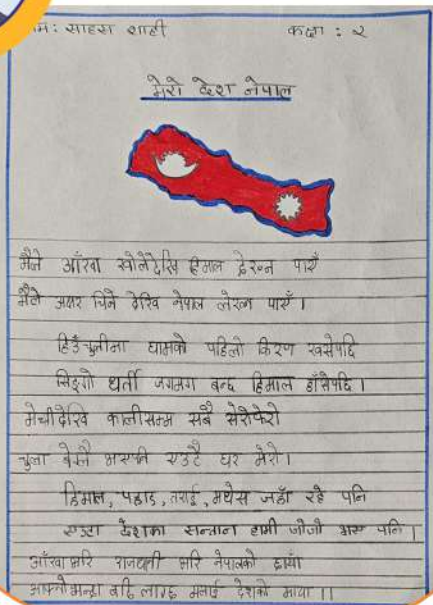
Prisha Kanel, II



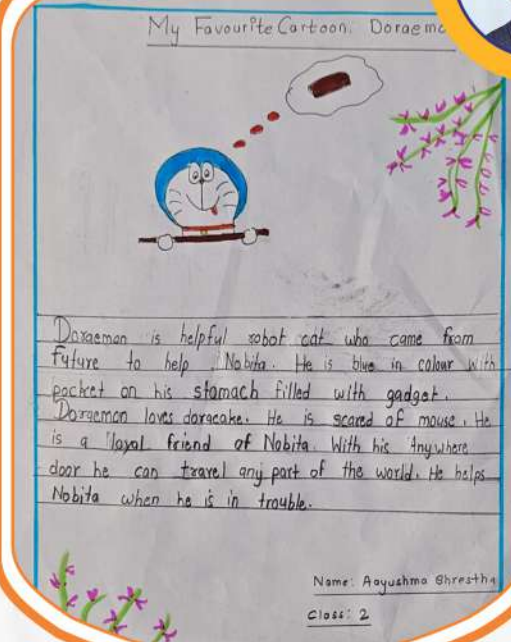
Creative Art Work By II



Sahas Shahi, II



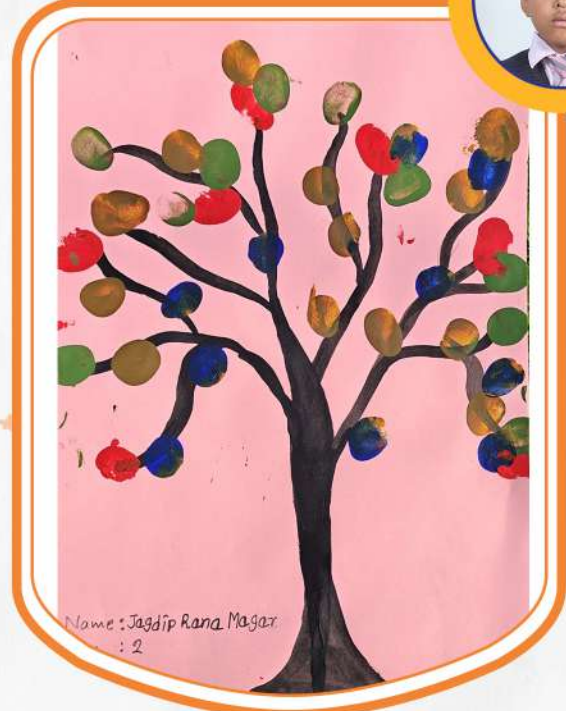
Aayushma Shrestha, II



Sangye Tenzin lama, II



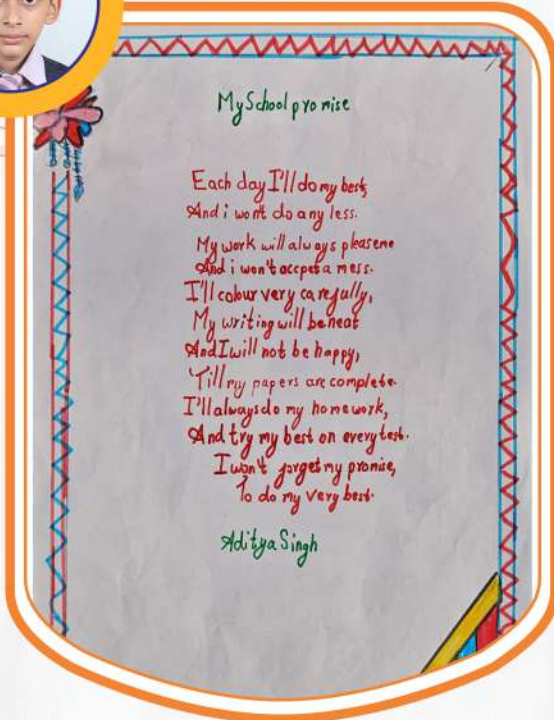
Jagdip Rana Magar, II



Creative Art Work By II



Aditya Singh, II



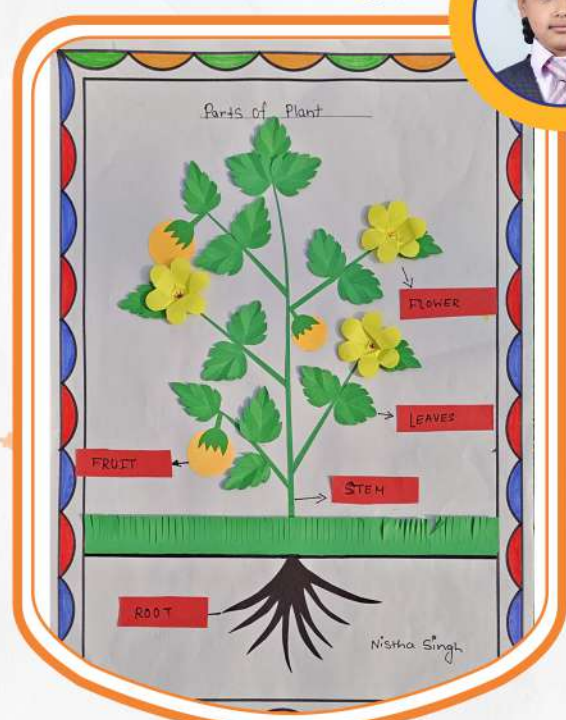
Bivash Hada, II



Ridhima Chachan, II



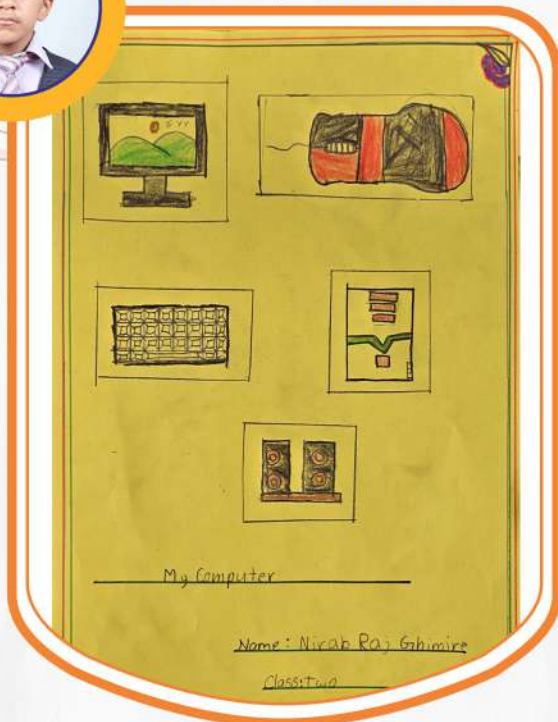
Nistha Singh, II



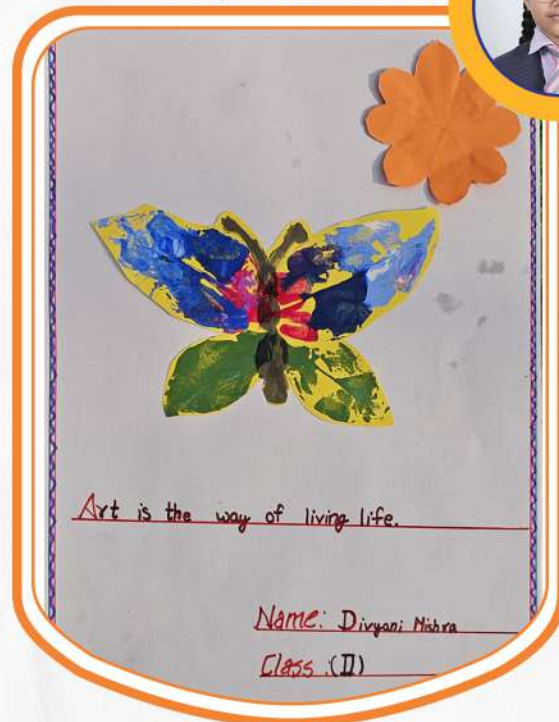
Creative Art Work By II



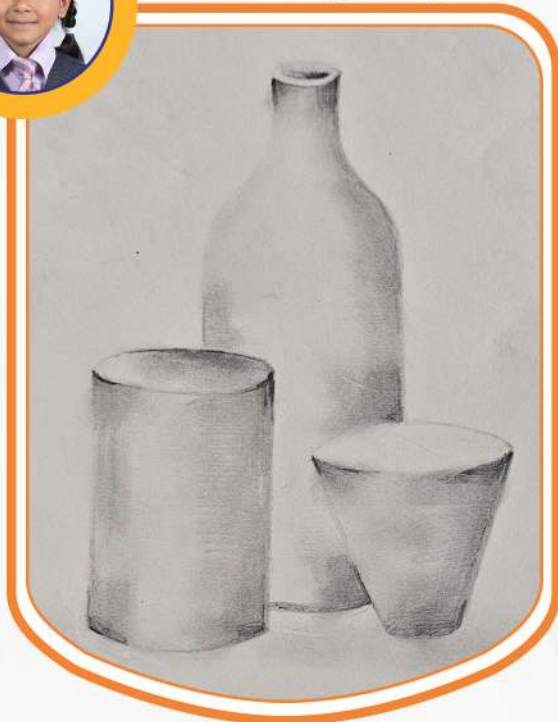
Nirab Raj Ghimire, II



Divyani Mishra, II



Baibhawi Agrawal, II



“

सानो मन,
ठूलो संसार ।।

Tiny Minds,
Big Worlds

”

Creative Art Work By II



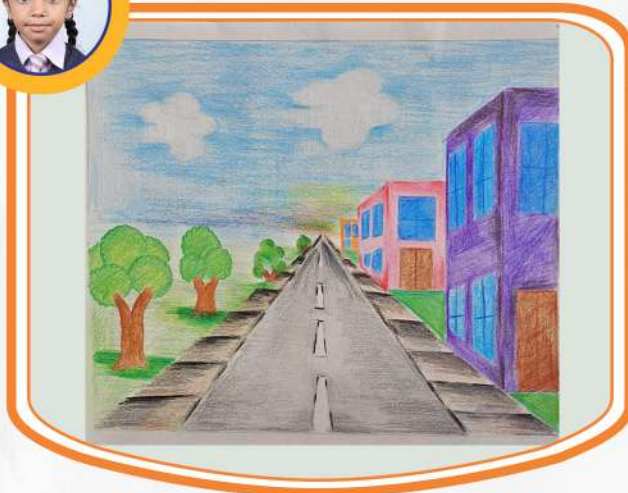
Pranjal Thapa Magar, II



Riyansh Nepal Bhandari, II



Pihu Agrawal, II



Anmol Tamang, II



STUDENT'S ARTICLE

NEPALI MAULIK BAAJA



Reevan Baisya
Grade : III



Nepali Maulik Baaja means the traditional musical instruments of Nepal. These instruments have been played in our society since ancient times. They are not only for music but are also an important part of our culture and tradition.

Some popular Nepali Maulik Baajas are Pancha Baaja, Naumati Baaja, Dhime Baaja, Madal, Tyamko, Jhyali, Sanai, and Damaha. Each of these instruments has a special sound and importance. Pancha Baaja is mostly played during weddings and religious ceremonies.

These traditional instruments are played during marriage ceremonies, Bratabandha, Jatra, and festivals like Dashain and Tihar. The sound of Maulik Baaja makes people feel happy and united. Nowadays, modern musical instruments are becoming more popular, and our traditional music is slowly being forgotten. So, we should learn about Nepali Maulik Baaja and help to protect it.

In conclusion, Nepali Maulik Baaja is not just music. It is the pride of our culture and our country. We should respect and preserve it for the future.

"I like Nepali Maulik Baaja because it shows the beauty of our culture."

BEST FRIEND

My best friend is kind and true,
plays with me in all I do.
We share our toys, laugh and play,
my best friend makes my day.
My best friend holds my hands,
helps me in every situation.
and always understands.
We laugh and play but never fight
My best friend makes my world bright.

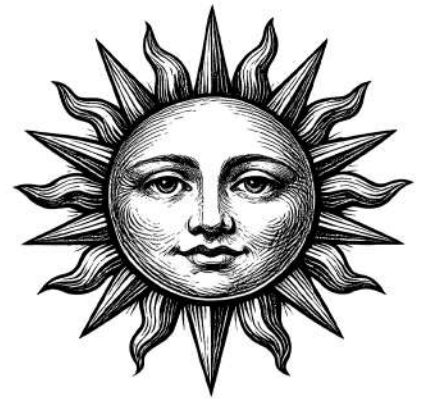


THE SUN



**Prarambha
Shrestha**
Grade : III

This is the Sun. The Sun is a big star. It is yellow and light orange in color. The Sun is a big ball of fire. It gives us heat and light energy. The Sun is at the center of all the planets. It gives light to all the heavenly bodies in our solar system. Sunlight provides vitamin D. The Sun rises in the east and sets in the west.



HANUMAN

Lord Hanuman is a symbol of courage, strength, devotion and selflessness. He is worshipped as a faithful devotee of Lord Ram. Hanuman is known for his immense power, intelligence and bravery. He helped Lord Ram in overcoming several difficulties and played a crucial role in the Ramayan. Because of his devotion and service, he is regarded as a living example of faith and dedication. As a student, I have learnt a valuable insight from Hanuman. I must be devoted to my studies and be a passionate learner. Ultimately, I must serve my family, community and nation.



MY SCHOOL, MY SECOND HOME



Anwesh Rajshree Wagle
Grade : IV

The Gurukulam School is a very child-friendly school. It is like a heaven for many students who come to cherish the different colors of childhood. Since my entrance through the golden gate of Gurukulam, I have enjoyed every second of my school life. Everyone here is very friendly, and one can make friends quite easily.

I study in Grade 4. My classroom is big and follows simple rules. I learn, laugh, smile, and make beautiful memories with my friends from dawn to dusk. My teachers guide me at every stage and help me shine brighter. I have learned that we grow from our mistakes and that curiosity is the key to growth.

My school not only teaches me textbook concepts but also helps me understand important values of life. I feel safe, happy, and proud to say that Gurukulam is my second home.

SELFISH BOY



Shivansi Maharjan

Grade : IV



Hello! I am here to share a story with you, It's a story of a boy named Hari.
let's start the story.

Once, there lived a boy named Hari in a small village. He always played with his friends' toys at school. One day, his father gifted him a new ball. He was very delighted to receive such a wonderful present.

The next day, he took his new ball to the playground and showed it to his friends. He said, "It's my birthday present. Doesn't it look like the one we see on TV?" His friend replied, "Yes, it does. Now let's play with it, Hari, shall we?"

"No, I will play alone. I won't allow anyone to play with my new ball," he responded in a selfish manner. His friends were very disappointed with his behavior and began playing with their old, flat ball.

After a while, Hari miskicked his ball, and it got stuck in a thorny bush. He began to cry and shouted for help. His friends came and helped him get the ball out of the bush.

From that moment, Hari realized his mistake and started playing happily with his friends.

Moral: Selfishness leads to loneliness.

LET'S LOVE MOTHER NATURE



Jaree Pradhan

Grade : IV

Mother Nature is very kind to us, but we are not kind to mother nature. All we do is pollute her, torture her and destroy her. When we cut our hand, it hurts. Similarly, we shouldn't forget that if we cut trees, it will hurt nature. So we should learn how to take care of nature just like how nature takes care of us. We should love nature just like our own mother.

Go Green!

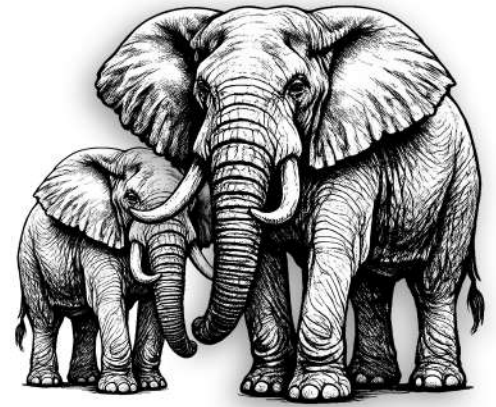
Thank You!



के तपाईंलाई थाहा छ ।



सम्प्रदा अधिकारी
कक्षा : ४



हाती जमिनमा बस्ने सबैभन्दा ठुलो जनावर हो । तर यसका बारेमा एउटा अनौठो तथ्य के छ भने यो उफ्रिन सक्दैन । हातीको तौल धेरै हुने भएकोले यसले आफ्ना चारवटै खुट्टा एकैपटक हावामा उचाल्न सक्दैन । त्यसैले यो उफ्रिन नसक्ने एकमात्र स्तनधारी जनावर हो । हातीको सुँढ पनि निकै शक्तिशाली हुन्छ । जसमा करिब ४०,००० मांसपेशीहरू हुन्छन् । जसले गर्दा यसले एउटा सानो फल देखि ठुलो रुखका हाँगाहरूसम्म सजिलै माँच्न सक्छ, हातीलाई पौडी खेलन धेरै मन पर्छ र यसले आफ्नो सुँढलाई पानी मुनि सास फेर्न प्रयोग गर्छ ।

THE BUDDHA'S PATH



Niyukti Agrawal
Grade : V

This is the way he
Travelled to free the world.
This is the way he
Travelled to return to the world.
I too come and go along
This sacred path
That bridge life and death
And transverse illusion



IT'S 2X!



Shruti Bhandari
Grade : VII

I have to find the value of $2x$,
But I don't even know what's $x + x$.
I realised that I am poor at maths,
Because my brain does not understand
the mathematical path.
When the teacher shouts "Today is test",
My hand is at motion, but brain at rest.
My mind freezes and I don't know what to write,
I start rolling my pen left to right.
Wait! I've found what's $x + x$,
It's $2x$!! Now, I know what is maths !

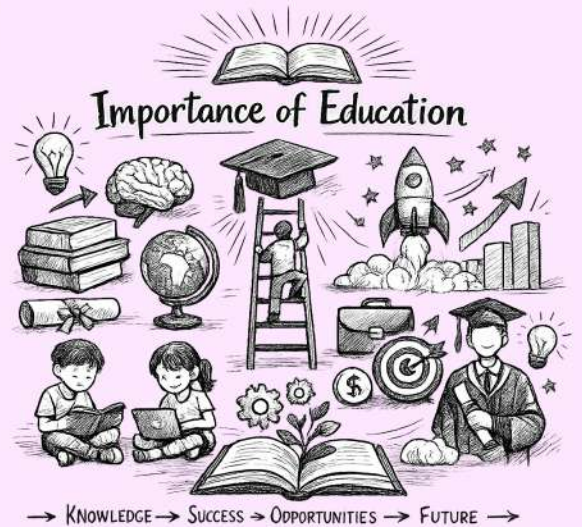
IMPORTANCE OF EDUCATION



Tamanna Agrawal
Grade : V

Education is very important in our lives. It helps us learn new things and understand the world around us. Through education, we gain knowledge, good manners, and confidence. It teaches us how to solve problems and make better decisions. Education also helps us achieve our dreams and become responsible citizens. Education is also important for different careers. Doctors need education to treat patients and save lives. Teachers need education to guide students and share knowledge. Engineers need education to build roads, bridges, and machines. Pilots, scientists, and police officers also need proper education to do their jobs well. Without education, it is difficult to succeed in any career.

When we study well, we can build a bright future for ourselves, our family, and our country. Every student of Gurukulam should value education and work hard every day to become successful and kind human beings.



हामी दुई साथी



निकुल सिर्देले
कक्षा : ६



जहिले पनि सँगसँगै म र मेरो साथी ।
उसका कुरा सुन्दाखेरि पुग्छु धेरै माथी ॥
मुहार उसको ओइलाउँदा दुःख मलाई हुन्छ ।
घाउ मलाई लाग्दाखेरि ऊ पनि त रुन्छ ॥

गुनगुन गरी बस्छौं हामी दुवै मिलिजुली ।
रमाउँछौं धेरैजसो यताउता डुली ॥
कैले कैले हामीलाई थकाइ पनि लाग्छ ।
भोला बोक्छौं पालैपालो थकाइ भागिहाल्छ ॥

लड्दाखेरि उठाइदिने भएपछि हात ।
पाएका छौं हामी दुईले एकअर्काको साथ ॥
जस्तो जान्थ्यो त्यसरी नै गीत गुनगुनाउँछु ।
मनको भित्रतिर साथीलाई नै पाउँछु ॥

YOUR DAUGHTER'S PHONE IS POISONING HER: THE MISOGYNISTIC ATTACK



Satvika Burlakoti
Grade : VI

Let's suppose there is a fourteen-year old girl named "Isha". She logs into TikTok, scrolls past dance, videos, and all of a sudden, encounters a video screaming "Women deserve nothing". In response, she starts condemning the misogynistic videos. Surprisingly, her reaction videos begin getting viral. After a week, her classmates mock her in the hall. By the end of the week, she's getting rape threats online. This is not a fiction; it's happening right now and it's spreading like wildfire.

The Hate Machine Exploding Everywhere

This is not a regional epidemic. It has become a global problem. Algorithms constantly shove these hate-filled contents to bored teen boys, turning them into bullies overnight. UN Women Nepal is raising the alarm. This online plague is invading schools, where kids parrot it like gospel. When people talk about equality and feminism in today's world, only 22% of women are currently leading different sectors. Approximately 30% women are beaten or physically exploited worldwide by misogynists. Many capable women's careers are ruined by patriarchal bias. One of the recent examples is US President Donald Trump. In his recent press conferences, he did not answer questions asked by female reporters from CNN and other American media outlets. If you watch his videos, he has berated them harshly.

From TikTok Threats to my own nightmares -- Misogyny is ruining us all!

The belief that men are inherently superior, bigger, more deserving of respect and naturally biased over women has moved from the pieces of history back into the centre of our digital lives. We have ignored this cultural shift for so long that it has begun to reshape the way we think. While discussing the systematic bashing of women with my own friends, I was met not with empathy or debate, but with the chillingly detached retort "It's just a skill issue." This level of decrement in human rights to gaming slang is not just a joke, it's an empirical proof that we are losing the ability to acknowledge real-world suffering through the storms of online irony. When equality is treated as a competition you simply 'failed to win,' the protests aren't just in vain they are a desperate final stand against a society losing its hand on shared humanity.

It's not "just online." Brazil nuked it with AI bans and there is jail time for haters. As a result, hate speech has dropped by 40%. We can too. But silence? That's not a solution. Do you remember Isha? She switched schools and quit social media but millions of victims will not get that luxury and support from their parents. I've seen friends ghosted for "being feminist." Hell, I almost did it, too! It's personal. Rage-fueled feeds aren't an accident, they're profit. It is time to fight back.

What can we do?

In countries like Nepal, parents should supervise their children's online engagement timely. If they find their children misusing these platform, they should counsel and make them understand in their best-suited way. Australian, French and Spanish governments have already banned access of social media to the children under sixteen. I believe Nepal too should prohibit social media for underage children.

Misogyny wants you quiet. Scream louder. Our girls deserve to flourish in a better world! Let's all stand together against misogyny.

(Sources : ungeneva.org , cbsnews , news.un , WHO , unisg , reporter.anu.edu , dw)

MY MOTHER: MY ROLE MODEL



Kritika Basnet

Grade : VII

A role model is a person whom we idolize and aspire to be one. Everyone has a different role model based on their personality and character. My role model is my mother whom I call 'superwoman'. I have seen her go through several tough times and hardships. What amazes me about her is her calmness and her ability to overcome difficulties.

She may be living a life full of sorrows and regrets, yet she manages to smile and take care of our family. Her love for us has always been selfless and pure. Although she is tangled with household chores, she still has time to play with us and has patience to listen to our trivial problems. Sometimes I wonder about her superpower and get inspired by her strong character, a strong woman who knows what's best for everyone and for herself.

In future, I wish to be exactly like her – helping the needy and bringing a positive change in society. She has motivated me since my childhood and she will always be my real model.



LIONEL MESSI AN INSPIRATION TO ME



Riaan Baisya

Grade : VII

Lionel Messi is one of the greatest football players in the world. He was born in Argentina and showed a great love for football from a very young age. During his childhood, Messi faced health problems related to growth, but he never gave up his dream. With strong determination and support from his family, he worked very hard and joined FC Barcelona, where he became a world-famous footballer.

Messi is known not only for his skills and achievements but also for his humility, discipline, and dedication. He has won many awards and has inspired millions of young players around the world. I admire Lionel Messi because he teaches us that success comes from hard work, patience, and self-belief. Even after becoming successful, he remains humble and focused. Lionel Messi inspires me to work hard in my studies and sports and to never give up on my dreams.



HEAVEN IS MYTH, NEPAL IS REAL



Namrita Timalisina
Grade : VIII



Nepal is rich in natural beauty. Nepal is a landlocked country located in South Asia. It is a land where every corner reveals the beauty of nature. It is the place where one can find breath-taking landscapes and biodiversity.

Nepal is home to the Himalayas, the world's highest mountain range. With eight of the world's 14 tallest peaks, including Mount Everest, the Himalayas are Nepal's crown jewel. The sheer sight of these snow-capped giants will leave you mesmerised. Beyond these giant peaks, you will find beautiful green hills and valleys too. The Kathmandu Valley, which is also a UNESCO World Heritage Site, is a blend of ancient history and wonderful landscapes. On the other hand, Pokhara Valley with its beautiful lakes and surrounding hills, is truly a peaceful place, where visitors can enjoy boating at Phewa Lake or hike up to Sarangkot to relish the beautiful sunrise view of the Annapurna Range.

Nepal's natural beauty is not limited to mountains and hills; it is filled with pristine lakes and rivers. The Rara Lake which is the largest lake of Nepal, is located in the Rara National Park and is a heaven for nature lovers. Tilicho Lake, one of the highest lakes in the world, is a stunning site at an altitude of 4919 metres. Rivers like Gandaki, Marsyangdi, Trishuli and Bhote Koshi, are also famous for thrilling white water rafting experience. In the low jungles of Terai, you can see dense forests full of biodiversity. Bengal tiger, one-horned rhino, Asian elephant, Indian rock python, gharial, crocodile and numerous animal species make this region rich and diverse. Chitwan National Park and Bardia National Park offer jungle safaris where visitors can witness these majestic creatures in their natural habitat.

In conclusion, Nepal is a premier global destination for natural beauty, defined by its diverse landscape ranging from the highest Himalayan peaks to lush subtropical plains. It offers a serene, panoramic paradise that blends stunning scenery with a deep sense of peace and interconnected.

FOR THOSE STILL BECOMING

We're learning how to find our way, not just in books, but in the experiences that life lays before us. With questions in abundance and answers few, we try and try, yet we start a new day.

The world asks more than we expect, yet hopes and tears inside us collect. We chase our dreams, unsure and afraid, still standing strong, whatever choice is made.

We stumble hard in the dark, yet we rise. Each tear we face teaches us to be wise. The pain we feel becomes our hidden might; our hearts keep beating, chasing the light. In every loss, we find the strength to fight.



Aayushma Shrestha
Grade : IX

GRADE-X TESTIMONIALS**AANAN SHRESTHA, Grade : X**

My journey at Gurukulam School has been truly inspiring and meaningful. The supportive teachers and friendly environment helped me grow academically and personally. I learned discipline, teamwork, and confidence during my time here. The school always encouraged participation in activities and competitions, which helped me discover my talents and build a strong foundation for my future.

**ANKIT LAMA, Grade : X**

Gurukulam School is more than just a place of learning; it is a place where students grow into responsible and confident individuals. The caring teachers and supportive staff always encouraged us to work hard and achieve our goals. I will always be thankful for the knowledge, discipline, and values I gained from this wonderful institution.

**DEEP LAMA, Grade : X**

My experience at Gurukulam School has been full of learning and happiness. The positive environment and dedicated teachers made every day enjoyable and productive. The school focuses on academics as well as extracurricular activities, which helped me develop leadership skills, confidence, and creativity that will guide me in my future journey.

**ELISHA THAPA MAGAR, Grade : X**

Being a student of Gurukulam School has been a wonderful journey. The teachers always motivated us to believe in ourselves and work hard for success. The school provided many opportunities in sports, cultural programs, and academic competitions, which helped me grow into a confident and responsible individual ready for future challenges.

**ALOK DEULA, Grade : X**

Studying at Gurukulam School has been one of the best experiences of my life. The teachers are kind, helpful, and always ready to guide students in every situation. The school provides a peaceful and motivating environment where students can focus on their studies and personal growth while building strong values and confidence for the future.



GRADE-X TESTIMONIALS**GRISHAM KUIKEL, Grade : X**

Gurukulam School has given me unforgettable memories and valuable life lessons. The friendly environment and supportive teachers helped me improve my academic performance and communication skills. I learned the importance of discipline, teamwork, and respect. I feel proud to be part of this school and grateful for everything it has taught me.

**KHUSHI MAGAR, Grade : X**

The learning environment at Gurukulam School is truly inspiring. Teachers always encourage students to ask questions, think creatively, and work hard to achieve their dreams. The school focuses on overall development, which helped me grow academically, socially, and personally. I will always cherish the wonderful memories I created here with my friends and teachers.

**OMKAR RAI, Grade : X**

Gurukulam School has played an important role in shaping my personality and character. The teachers guided me like mentors and always supported me in difficult times. The school not only focuses on studies but also encourages participation in sports and cultural activities, helping students become confident and disciplined individuals.

**PRABESH TAMANG, Grade : X**

I feel lucky to be a student of Gurukulam School because of its supportive environment and dedicated teachers. The school helped me improve my confidence and leadership skills through various programs and activities. The knowledge and values I gained here will always help me in my future and guide me toward success.

**PRANAB BASNET, Grade : X**

Gurukulam School has been a second home for me. The caring teachers and friendly classmates created a warm and welcoming environment that made learning enjoyable. The school encouraged us to work hard, stay disciplined, and respect others. I will always remember the lessons and experiences that shaped my journey here.



GRADE-X TESTIMONIALS**RAJANI LAMA JIMBA, Grade : X**

Studying at Gurukulam School helped me become more confident and responsible. The teachers always guided us with patience and encouraged us to do our best in every subject. The school provided opportunities to participate in different events and competitions, which helped me discover my abilities and develop important life skills.

**REEK SHARMA, Grade : X**

Gurukulam School has given me a strong academic foundation and valuable life lessons. The teachers are dedicated and always ready to help students succeed. The friendly environment and various activities helped me grow in confidence and creativity. I am thankful to the school for preparing me for future opportunities and challenges.

**SAKSHI POKHREL, Grade : X**

My time at Gurukulam School has been filled with learning, growth, and happiness. The school provides a balanced environment where students can focus on academics and extracurricular activities. The teachers encouraged us to stay disciplined, work hard, and respect others. I will always carry the memories and lessons from this school.

**SNEHA KHADKA, Grade : X**

The journey at Gurukulam School has been truly memorable for me. The teachers always guided us with care and dedication, helping us overcome challenges and achieve our goals. The school provided opportunities in sports, academics, and cultural activities, which helped me develop confidence and leadership skills.

**SAUBHAGYA GNYAWALI, Grade : X**

Gurukulam School encouraged me to believe in my dreams and work hard to achieve them. The supportive teachers and well-organized programs helped me improve my academic and personal skills. The school created a positive learning environment where every student is motivated to grow and succeed in life.



GRADE-X TESTIMONIALS**SUHAN TAMANG, Grade : X**

Gurukulam School has been an important part of my life and growth. The friendly environment and supportive teachers made learning enjoyable and meaningful. I learned discipline, teamwork, and responsibility during my time here. I will always be grateful for the guidance and knowledge I received from this institution.

**SUJIT KHADKA, Grade : X**

Being part of Gurukulam School has been a proud and joyful experience. The school focuses on both academic excellence and character development. The teachers always encouraged us to work hard and stay motivated. I gained confidence, knowledge, and unforgettable memories that will stay with me throughout my life.

**SUVECHYA DANGOL, Grade : X**

Gurukulam School helped me become a confident and responsible student. The teachers were always supportive and guided us in every step of our learning journey. The school encouraged participation in various activities, which helped me discover my talents and improve my skills for the future.

**YUNA BAIJU, Grade : X**

I am thankful to Gurukulam School for providing a supportive and motivating learning environment. The teachers always encouraged us to aim high and work hard for success. The school helped me develop discipline, confidence, and strong values that will guide me in my future career and life.



PARENTAL PERSPECTIVES



हसन्त मान सिमाउँडा

अभिभावक:

आरजू श्रेष्ठ कक्षा ४

गुरुकुलम विद्यालयको वार्षिक स्मारिका प्रकाशित गरिने अवसरमा हामी सबै अभिभावकहरू एक मन, एक हृदयले यस ऐतिहासिक क्षणलाई मनाउन जुटेका छौं। हामी सबै अभिभावकहरूको तर्फबाट यस शुभ अवसरमा गुरुकुलम परिवारलाई हार्दिक मंगलमय शुभकामना व्यक्त गर्दछौं।

जब हामीले आफ्नो छोराछोरीहरूलाई यस विद्यालयमा भर्ना गर्यौं, त्यो केवल एउटा शैक्षिक संस्था छनौट गर्नु मात्र थिएन, एउटा भरपर्दो साथी र भरोसायोग्य संरक्षक छनौट गर्नु पनि थियो। हामीलाई गर्व छ कि गुरुकुलमले हाम्रो विश्वासलाई कहिल्यै धरमराउन दिएन, बरु प्रत्येक दिन हौसला थप्दै गयो।

हामीले देखेका परिवर्तनहरू

आत्मविश्वासको विकास: हाम्रा छोराछोरीहरू घरमा लुकेर बस्ने, लजाउने, सार्वजनिक रूपमा बोल्न नसक्ने, नेतृत्व गर्न नसक्ने थिए। यहाँ आइसकेपछि छोराछोरीहरू सार्वजनिक रूपमा बोल्न सक्ने, नेतृत्व गर्न सक्ने, आफ्नो मत राख्ने साहसी छोराछोरीहरूमा परिणत भएका छन्। यो परिवर्तन गुरुकुलमको सकारात्मक वातावरण र प्रोत्साहनको फल हो।

समग्र व्यक्तित्व विकास: यहाँ केवल पठनपाठन मात्र हुँदैन, यहाँ त संगीत, कला, खेलकुद, वक्तृत्व, सञ्चार लगायत, बहुआयामिक क्षेत्रमा हाम्रा छोराछोरीहरूको समग्र विकास भइरहेको छ। प्रत्येक छोराछोरीले आफ्नो प्रतिभाको परिचय दिन पाइरहेका छन्।

नैतिक मूल्यहरूको सिकाइ: आजको भौतिकवादी युगमा गुरुकुलमले हाम्रा छोराछोरीहरूलाई सत्य, अहिंसा, दया, सेवा र सम्मान जस्ता सनातन मूल्यहरू सिकाइरहेको छ। यो ज्ञान उनीहरूको चरित्र निर्माणको आधारस्तम्भ हुनेछ।

गुरुकुलम शिक्षकहरूप्रति हाम्रो कृतज्ञता

हामी सबै अभिभावकहरूको तर्फबाट गुरुकुलमका समर्पित शिक्षक, शिक्षिका र कर्मचारीहरूलाई हृदयको गहिराइबाट हार्दिक धन्यवाद सहित सम्मान प्रकट गर्दछौं विशेष गरी प्रधानध्यापक प्रति विशेष आभारी छौं। तपाईंहरू मात्र शिक्षक होइन, हाम्रा छोराछोरीहरूका दोस्रो आमा-बुवा हुनुहुन्छ। तपाईंहरूको समर्पणले:

हाम्रा छोरीहरूमा ज्ञानको दीपक बाल्नुभयो, उनीहरूको सपनालाई साकार पार्नु भयो,

उनीहरूको भविष्य सुनिश्चित गर्नुभयो, हाम्रो चिन्ता र तनावलाई कम गर्नुभयो।

तपाईंहरूको अथक परिश्रम, अमूल्य समय र निस्वार्थ सेवाको हामी सदैव ऋणी रहनेछौं। तपाईंहरूको हरेक सिकाइ, हरेक प्रोत्साहन र हरेक मार्गदर्शन हाम्रा छोराछोरीहरूको जीवनमा सधैं आलोकित हुनेछ।

हामी तपाईंहरूसँग आशा गर्दछौं कि:

गुरुकुलमको गुणस्तर सधैं उच्च रहनेछ, शुल्क स्तर विवेकपूर्ण रहनेछ,
सुरक्षा र स्वास्थ्यको प्रति सचेत रहनेछ, नवीनतम शैक्षिक प्रविधिहरू समावेश गर्नेछ,
अभिभावकहरूसँग निरन्तर संवाद कायम रहनेछ, अभिभावकहरूको साभ्ना जिम्मेवारी

गुरुकुलमको सफलतामा हामी अभिभावकहरूको भूमिका पनि उत्तिकै महत्त्वपूर्ण छ। हाम्रो कर्तव्य:

सक्रिय सहभागिता:

हामी विद्यालयका विभिन्न कार्यक्रम, बैठक र गतिविधिहरूमा सक्रिय रूपमा सहभागी हुनेछौं। हाम्रो उपस्थिति नै बालबालिका र शिक्षकहरूको लागि प्रोत्साहन हुनेछ।

शिक्षकहरूसँग सहकार्य:

हामी शिक्षकहरूसँग नियमित सम्पर्क राखी बालबालिकाको प्रगति र समस्याहरू छलफल गर्नेछौं। घर र विद्यालयको सहकार्य नै सफल शिक्षाको आधार हुनेछ।

विद्यालयलाई सहयोग:

आवश्यकता र सामर्थ्य अनुसार विद्यालयलाई विचार, समय, श्रम वा आर्थिक रूपमा सहयोग गर्नेछौं।

सकारात्मक वातावरण निर्माण:

विद्यालय र अभिभावकबीच सकारात्मक सम्बन्ध कायम गर्नेछौं। समस्याहरू छलफल र समाधानका माध्यमबाट समाधान गर्नेछौं।

गुरुकुलमको मिशन र भिजनलाई सदैव साथ दिने, विद्यालयलाई उत्कृष्ट पथमा अगाडि बढाउन सहयोग गर्ने, आफ्ना भावी सन्तानहरूलाई पनि यही विद्यालयमा शिक्षा दिलाउने, गुरुकुलमको ख्याति र प्रतिष्ठा विस्तार गर्ने। गुरुकुलमको यो वार्षिकोत्सव १वर्षको वर्षगाँठ मात्र होइन, एउटा नयाँ दिनको सुरुवात पनि हो। यसले हामीलाई अझ उच्च लक्ष्य, अझ गहिरो प्रतिबद्धता र अझ ठूलो सपनाको बाटो देखाओस्।

हामी सबै अभिभावकहरूको तर्फबाट-

“गुरुकुलमको यो पावन संस्था चिरञ्जीवी रहोस्, यसको प्रकाश देश-विदेशमा फैलियोस्,
यहाँबाट शिक्षा प्राप्त गर्ने प्रत्येक बालबालिका आफ्नो, परिवारको, समाजको
र राष्ट्रको गौरव बढाओस्, ज्ञानको दियो सदा सदा बलिरहोस्।”

सम्पूर्ण गुरुकुलम परिवारलाई हामी सबै अभिभावकहरूको तर्फबाट फेरि एक पटक हार्दिक बधाई र शुभकामना ।

PARENTAL PERSPECTIVES

मेरो नातिनि अध्यायन गर्ने स्कूल
द गुरुकुलम स्कूल

अन्जु सुवेदी

अभिभावक : रुजलिन सुवेदी

सानै भएपनि उच्च संस्कार पाएकी मेरी नानीलाई स्कूलले थप जगेर्ना गरेको छ। पछिल्लो समय संस्कार र प्रविधि सहितको शिक्षा हामीले विशेष जोड दिनु पर्ने आवश्यकता छ। आजका नव बाल बालिकाहरु धरातलिय यथार्थ, कला, संस्कृति, सभ्यता, सामाजिकपनबाट टाढिएको पाईन्छ। तर गुरुकुलमले मेरो सामाजिक पृष्ठभूमिकालाई सन्तोषजनक रुपमा समेटेको छ। अहिलेको अधिकांश बाल बालिकाको मनोविज्ञान अस्वभाविक रुपमले सामाजिक मुल्य मान्यता खलल हुने हो कि भन्ने त्रासदीलाई गुरुकुलमले संस्कारयुक्त शिक्षा दिएकोमा म सिंगो स्कूल परिवारलाई धन्यवाद दिन चाहन्छु।

पुनश्च: संस्कार युक्त शिक्षा आजको आवश्यकता भन्ने विषयलाई विद्यालयले आफ्नो मुल्य मन्त्रको रुपमा लिने अपेक्षा राख्दै, स्कूलको उत्तरोत्तर सुनौलो भविष्यको शुभभावका शुभेच्छा प्रकट गर्दछु।

TEACHER'S ARTICLE

LIFE IS BEAUTIFUL WHEN WE SHARE
A SMILE

Life is beautiful not because it is perfect, but because it is filled with moments of kindness. A smile is one such moment—a quiet strength that connects hearts and spreads joy.

In school, a smile becomes a powerful tool. It encourages students, reassures parents, and welcomes every visitor with warmth. A smiling face creates comfort and trust, turning ordinary interactions into meaningful experiences.

Smiles teach us that happiness grows when shared. They remind us that every day brings a chance to make someone feel valued and seen. When we choose to smile, we choose positivity, respect, and hope.

Let us continue to smile, for in doing so, we make our school a place where learning feels joyful and life truly feels beautiful.

Ms. Binuja Basnet

Admin Officer

TEACHER'S ARTICLE

WHY PARENTS CHOOSE THE GURUKULAM SCHOOL ?



Choosing the right school for a child is one of the most important decisions parents make. A good school not only provides quality education but also creates an environment where children can develop their character, confidence, and creativity. The Gurukulam School has become a preferred choice for many parents because of its commitment to academic excellence, discipline, and value-based education:

One of the key reasons parents choose The Gurukulam School is its peaceful and supportive learning environment. The school provides a calm atmosphere where students can focus on their studies without unnecessary distractions. Such an environment helps children develop better concentration and a deeper interest in learning.

Another important factor is the school's dedicated and experienced teaching faculty. Teachers at The Gurukulam School are not only educators but also mentors who guide students with patience and care. They encourage students to ask questions, explore ideas, and develop critical thinking skills that prepare them for future challenges.

The school also places strong emphasis on discipline and moral values. Students are taught the importance of respect, honesty, responsibility, and teamwork. These values help shape students into responsible individuals who can contribute positively to society.

Parents also appreciate the school's focus on holistic development. In addition to academics, students are encouraged to participate in extracurricular activities such as sports, cultural programs, arts, and creative projects. These activities help students discover their talents and build confidence.

Safety and well-being are also top priorities at The Gurukulam School. The school ensures a safe and secure environment where students feel comfortable and protected. Clear rules, responsible supervision, and a caring school community contribute to this sense of safety.

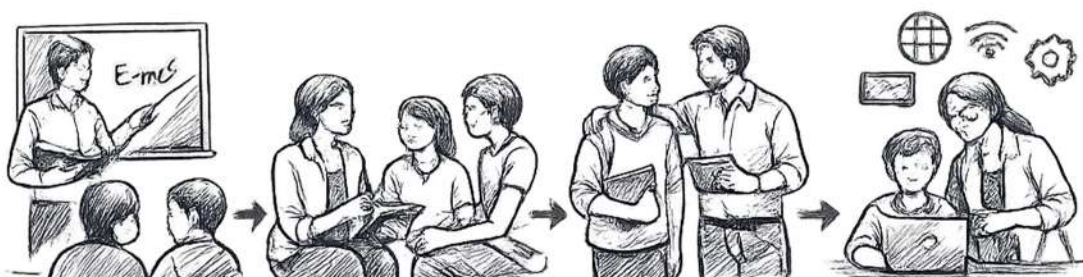
Another reason parents trust The Gurukulam School is its strong communication and partnership with families. The school believes that education becomes more effective when parents and teachers work together. Regular communication, meetings, and feedback help ensure that each child receives the support they need to succeed.

Above all, The Gurukulam School is guided by the belief that education should not only prepare students for examinations but also prepare them for life. By combining academic excellence, discipline, values, and holistic development, the school continues to nurture students who are confident, capable, and responsible.

For these reasons and many more, The Gurukulam School continues to earn the trust and confidence of parents who seek the best possible education for their children.

Mr. Manoj Baisya

Administrative & Marketing Officer



THE CHANGING ROLE OF TEACHERS IN THE 21ST CENTURY



With the rapid transformation in education system, the role of teachers has also transformed. Teachers are no longer limited to providing textbook knowledge. Today, they play a significant role in guiding mentoring, nurturing, building foundational character and preparing students for a highly competitive world. Teachers guide students through information technology, helping them to analyse and apply the core ideas rather than just memorising them. Earlier, teaching was mainly focused on memorisation and written examination. However, modern education emphasises on comprehension, creativity, critical thinking and problem solving skills. Teachers encourage students to be inquisitive, express idea freely and learn through activities, discussion and real-life experiences. This helps students to become independent thinkers rather than passive learners.

Technology has greatly influenced teaching and learning. Smart boards, online resources, digital classrooms and educational apps have become common tools. Teachers today must be technologically skilled to make lessons engaging and effective. They also guide students on the safe and responsible use of technology which assists them become smart-digital citizens. Another important change is the focus on students' emotional and social development. Not only do teachers pay attention to students' academic performance, they immensely care about their mental health, behaviour and well-being, too. They act as a counselors and supporters, creating a friendly environment and inclusive classroom where every child feels valued and respected.

Lastly, the role of teachers has become more dynamic and challenging. They prepare students for real-world challenges by teaching life skills and escorting them in becoming principled, knowledgeable, confident, and compassionate individuals. Despite changing times and technologies, the dedication and influence of teachers remain as important as ever.

Ms. Naina Sinha Chhetri

Lower Secondary Teacher

THE POWER OF BELIEVING IN YOURSELF



Success in life does not begin with talent or luck it begins with belief. Believing in yourself is one of the most important steps toward achieving your goals especially as a student. When you believe you can improve you give yourself the strength to try even when challenges appear.

School is not just a place to earn grades it is a place to learn discipline, patience and perseverance. Everyone struggles at some point. Failing a test feeling unmotivated or comparing yourself to others can make progress feel difficult. They are opportunities to grow and become stronger. Hard work is more powerful than natural ability. Students who succeed are not always the smartest, but they are often the most determined. By setting small goals staying consistent and learning from mistakes improvement becomes possible. Each effort you make no matter how small moves you closer to success. It is also important to remember that success looks different for everyone. Avoid comparing your journey to others. Focus on your own growth and celebrate your progress. Confidence grows when you recognize your efforts and stay committed to your goals.

In conclusion, believing in yourself can change the direction of your future. With determination, patience, and a positive mindset you can overcome challenges and reach your potential. Never underestimate what you can achieve when you choose to believe in yourself.

Ms. Simran Shrestha

Grade Teacher

आधुनिक शिक्षा



सुमना स्वाती

नेपाली शिक्षिका

कितावको पाना भन्दा बाहिर फैलिएको छ ज्ञान,
प्रश्नले ढोका खोल्छ किन नै पहिलो पहिचान ।

कक्षाकोठामा मात्र सिमित छैन शिक्षाको सार,
स्क्रिनले देखाउछ अब बदलिएको संसार ।

गुरु अब बोल्ने होइन सुन्न पनि जान्दछन्,
विद्यार्थीको सपनालाई साथ दिदै हिँड्छन् ।

ज्ञानसंगै चेतना, जिम्मेवारीको बोध,

असफलताले सिकाउँछ धैर्य र संघर्षको स्वर ।

गल्तीलाई अपराध हैन, सिकाइको ढोका,
यहि नै हो भविष्यको आधुनिक शिक्षा ।

WHAT IS DEMOCRATIC LEARNING? AND WHY IT'S IMPORTANT IN STUDENTS' LIFE?

Democratic learning is an educational approach that emphasizes student participation, collaboration, and shared decision-making in the learning process. It's about creating a classroom environment where students feel empowered, respected, and actively involved in shaping their education.

Here's why it's important in student life:

1. **Promotes Collaboration and Communication:** Students learn to work together, share ideas, and communicate effectively. They develop essential skills like active listening, negotiation, and conflict resolution, which are crucial for success in any field.
2. **Enhances Civic Engagement:** By participating in decision-making processes, students learn about democracy, citizenship, and their rights and responsibilities. This can inspire them to become active and engaged members of their communities.
3. **Encourage Motivation and Engagement:** When students have a voice in their learning, they're more likely to be motivated and engaged. They feel a sense of ownership over their education, which can lead to increased interest, participation, and academic achievement.
4. **Enlarge Social and Emotional Skills:** Democratic learning helps students develop, respect, and understanding for others. They learn to, manage their emotions, and build positive relationships.



Ms. Asmita Risal
Grade Teacher

MORE THAN ABCS: TEACHING VALUES IN PRESCHOOL



Preschool is often seen as the place where children learn their ABCs, numbers and rhymes. But Beyond these early lesson lies something even more important- the teaching of values that shape little hearts for life.

In our classroom, kindness is learnt through sharing toys, respect through listening to others, and honesty through gentle conversations, A simple "thank you" a helping hand, or waiting for a turn becomes a powerful lesson in empathy and care. These moments may seem small, but they leave a lasting impact. Every smile, apology and act of cooperation helps build character, As a teacher, I feel proud knowing that along with letters and numbers, my students are learning to be loving, respectful, and responsible individuals. Because in preschool, we just don't teach children how to read and write-we teach them how to be a good human being.

Ms. Shreya Sthapit Joshi
PG Teacher

IMPACT OF ELECTRONIC GADGETS ON STUDENTS



Electronic gadgets have become an inseparable part of modern education. Devices such as smartphones, laptops, tablets, and computers play a significant role in shaping students' learning habits and academic performance. Their impact can be both positive and negative, depending on how they are used.

On the positive side, electronic gadgets have transformed the learning process. Students can attend online classes, access digital libraries, and use educational platforms like virtual labs and learning apps. For example, students preparing for examinations can watch recorded lectures, practice online quizzes, and use subject-specific applications to strengthen weak areas. Gadgets also encourage independent learning and help students stay updated with global knowledge.

However, the misuse or overuse of electronic gadgets creates serious challenges. Many students spend excessive time on social media, online games, and entertainment, which distracts them from studies. For instance, constant notifications from mobile phones during study hours reduce concentration and memory retention. Overdependence on gadgets may also weaken critical thinking skills, as students tend to rely on quick online answers instead of developing problem-solving abilities.

Health-related issues are another major concern. Prolonged screen time can cause eye strain, sleep disturbances, headaches, and poor posture. Moreover, reduced physical activity due to excessive gadget use can lead to obesity and low energy levels. Socially, students may experience reduced interaction with family and peers, affecting communication and emotional development.

In conclusion, electronic gadgets are powerful tools that can enhance education if used wisely. Setting time limits, prioritizing educational use, and maintaining a balance between digital and physical activities are essential. With proper guidance from parents and teachers, students can use electronic gadgets productively while minimizing their negative effects.

Mr. Subash Bhandari
Accountant

CONS OF ELECTRONIC DEVICES



DISTRACTION

EYE STRAIN

SLEEP PROBLEMS

POOR POSTURE

PROS OF ELECTRONIC DEVICES



LEARNING TOOLS

ACCESS TO INFORMATION

EDUCATIONAL APPS

CONNECTIVITY

प्राथमिक तहमा शिक्षण गर्दाको अनुभव

प्राथमिक तह शिक्षा जीवनको त्यो चरण हो जहाँ अक्षर सँगै भावना व्यवहार र संस्कारको सिकाइ हुन्छ। यही तहमा दिइने शिक्षाले बालबालिकाको भविष्यको दिशा निर्धारण हुने गर्छ। प्राथमिक तहमा शिक्षण गर्दा केवल पढाउने मात्र होइन व्यवहारिक ज्ञान र सीपको पनि उत्तिकै आवश्यक हुने गर्छ। र सीपका उत्सुक हरेक बिहान कक्षा कोठामा बस्दा बालबालिकाहरूको उत्सुक नजर र निस्कपट मुस्कानले मेरो मन भरिन्छ। उनीहरूको सानो हातले समातिएका कापी गलत उच्चारणमा पढिएको शब्द र बारम्बार सोधिने प्रश्नहरूले कक्षा कोठालाई जीवन्त बनाउँछ। यी दृश्यले शिक्षणलाई जिम्मेवारी साथ उठाएर भावनात्मक तरिकाले अगाडि बढाउन सिकाउँछ।

प्राथमिक तहका विद्यार्थीहरू स्वभावले नै जिज्ञासु, चञ्चल र संवेदनशील हुन्छन्। उनीहरू पाठ्यपुस्तकभन्दा बढी व्यवहारिक दृष्ट्यात्मक र सहभागीमूलक सिकाइबाट छिटो सिक्ने हुन्छन्। यसकारण शिक्षण सिकाईसिकाई प्रक्रियामा गीत, कथा, चित्र, खेल तथा क्रियाकलापको प्रयोग गर्नु भन्ने उनीहरूमा सकारात्मक वातावरणको विकास हुने तथा प्रभावकारी ढंगले शिक्षण ग्रहण गर्न सक्नेछन्सक्नेछन्।

शिक्षणको प्रारम्भिक चरणमा कक्षा व्यवस्थापनमा ध्यान केन्द्रित गराउने तथा सबै विद्यार्थीहरूलाई समेट्ने कार्य चुनौतीपूर्ण नै थियो। म एउटा शिक्षिका भएकै कारण ती चुनौतीहरूको समाधान गर्दै अघि बढिरहँदा विद्यार्थीहरूको व्यक्तिगत भिन्नता, सिकाइ, गति र पारिवारिक पृष्ठभूमिले शिक्षण प्रक्रियामा प्रत्यक्ष प्रभाव पार्दछ भन्ने कुरा महसुस गरेको छु र सकारात्मक व्यवहार र निरन्तर प्रोत्साहनले यी चुनौतीहरू क्रमशः सहज बन्दै गएको अनुभव पाएकी छु।

प्राथमिक तहमा शिक्षण गर्दा समान व्यवहार र समावेशी दृष्टिकोणको आवश्यकता अत्यन्त महत्वपूर्ण हुन्छ। कमजोर वा सिकाइमा पछि परेका विद्यार्थीलाई थप समय, माया, स्नेह र हौसला प्रदान गर्दा उनीहरूमा भएको आत्मविश्वास अझ बढ्ने कुरामा विश्वस्त गर्दछु। उनीहरूको सानो प्रगतिमा पनि प्रशंसा गर्दा विद्यार्थीहरूको सिकाइप्रतिको रुचि सकारात्मक भावनाको विकास तीव्र रूपमा बढ्न सहयोग गर्दछ।

अभिभावकसँगको सहकार्यले शिक्षण प्रक्रियालाई अझ प्रभावकारी बनाएको अनुभव प्राप्त गरी विद्यालय र घरबीच समन्वय कायम हुँदा विद्यार्थीको शैक्षिक उपलब्धि तथा व्यवहारिक सुधारमा सकारात्मक प्रभाव देखिन्छ। अभिभावकसँग नियमित संवादले विद्यार्थीको समस्या पहिचान गर्न र समाधान खोज्न सहयोग पुर्याउँछ भन्ने कुरा आफ्नो भोगाइका कारण महसुस गरेको छु।

निष्कर्षमा भन्नुपर्दा प्राथमिक तहमा शिक्षण गर्नु मेरो लागि गौरवको कुरा हो। यस तहमा शिक्षण गर्दा शैक्षिक दक्षतासँगै संवेदनशीलता, धैर्य र समर्पण आवश्यक पर्दछ, बालबालिकाको सानो प्रगतिमा देखिने परिवर्तनले शिक्षक पेसालाई अर्थपूर्ण बनाउँछ र समाज निर्माणमा शिक्षकको ठूलो भूमिका हुन्छ।

WHY THE FIRST STEPS IN SCHOOL MATTER MOST ?

When we think of school, we often imagine older children sitting at desks, writing in notebooks, and solving math problems. However, the journey of education actually begins much earlier. **The Playgroup stage** is the most vital period in a child's life. It is not just "supervised playtime"; it is the foundation upon which all future learning is built. During the first few years of life, a child's brain is like a sponge, soaking up information at an incredible speed.

Playgroup provides a structured environment where this natural curiosity is turned into skill such as **Social Development, Building a Routine, Physical and Cognitive Growth.**

The school acts as the "bridge" between the home and the world. A good school provides:

A Tailored Environment: Everything in a playgroup classroom is designed for a child's height and safety. This allows them to explore without fear.

Sensory Learning: School provides materials like sand, water, clay, and puzzles that stimulate the five senses. This type of "hands-on" learning is much more effective for toddlers than looking at a screen.

In a playgroup, the teacher is much more than an instructor; they are a mentor and a caregiver. The teacher ensures that every child feels loved and safe. When a child feels secure, they are much more likely to try new things and ask questions. Teachers are trained to watch how children play. They can spot if a child is a natural leader, a creative artist, or if they need a little extra help with their speech or coordination. Children at this age learn by watching. A teacher models how to say "please" and "thank you," how to handle frustration, and how to be a good friend.

The playgroup stage is where a child's love for learning is born. By providing a rich environment and expert guidance, schools and teachers ensure that children don't just start school they start a journey toward a successful and happy life. Investing in these early years is the best gift we can give to the next generation.



Miss. Merina Shrestha
PG TEACHER

MORE THAN A TEACHER: A JOURNEY OF SHAPING YOUNG MIND



Teaching is often seen as a profession limited to classrooms, textbooks, and examinations. But for me, teaching has always been much more than completing a syllabus. It is a journey of guiding, understanding, and shaping young minds one day at a time. Every day in school brings a new experience. Some days are filled with curiosity and bright smiles, others come with challenges, silence, and questions that go beyond books. As but also to listen, to observe, and to understand what each student truly needs.

In the classroom, I have learned that every child is different. Some learn quickly, some take time, and some need encouragement more than explanations. Teaching has taught me patience and empathy. It has reminded me that progress is not always visible in marks but in confidence, discipline and curiosity.

One of the most rewarding parts of my work is watching students grow not just academically, but personally. When a hesitant student begins to speak confidently, when teamwork replaces competition, or when values like respect and honesty are practised naturally, I feel the true success of teaching. Beyond lessons, teachers silently shape habits, attitudes, and character. Through simplicity, punctuality, fairness and kindness, we become role models. Students may forget what we taught them from a book, but they will always remember how we treated them.

Over the years, I have acknowledged that learning is a relentless process. Each question from a student, each mistake, and each success pushes me to grow as an individual. It is a profession that demands dedication, but in return, it offers purpose and fulfillment.

In summary, my work is not just about elaborating textbooks and passing academic context, it is about building futures. Being a small part of a student's journey is the greatest responsibility and the greatest honour of my life.

Mr. Roshan Basnet

IT & Computer Science Teacher

GMUN 1.0: A THREE-DAY JOURNEY OF LEARNING, LEADERSHIP, AND GLOBAL AWARENESS

GURUKULAM SCHOOL, SITAPAILA



MANOJ BAISYA

Administrative & Marketing Officer

The **Gurukulam Model United Nation (GMUN 1.0)** marked a historic milestone for Gurukulam School, as it hosted **its first-ever Model United Nations conference**. For many students, GMUN 1.0 was their first experience with formal debate, diplomacy, and global problem-solving—making the three-day journey both challenging and inspiring.

Day One: An Inspiring Opening

The conference commenced with a **grand Opening Ceremony**, graced by our **Chief Guest, Mr. Garry de la Pomerai**, CEO of Soluzion for Strategic Technology Development, along with respected **advisory members** and **school leadership**. Their motivating words encouraged students to think globally, speak confidently, and engage responsibly. This inspiring beginning set the tone for meaningful discussions and active participation throughout the conference.

Committee Sessions: Learning Through Real-World Issues

Students participated enthusiastically in four committees, each addressing relevant global agendas:

- **International Press (IP)**: Open Agenda, allowing student journalists to critically observe, question, and report on committee proceedings.
- **UNHCR**: Strengthening the provision of essential services and protection mechanisms for refugees in host states, helping students understand humanitarian responsibility and global cooperation.
- **World Health Organization (WHO)**: Addressing the global rise of mental health disorders among youth, encouraging discussions on well-being, awareness, and policy solutions.
- **UN Women**: Promoting women's leadership in global challenges, highlighting gender equality and empowerment.

Through these agendas, students researched global issues, expressed diverse viewpoints, negotiated solutions, and drafted resolutions—gaining practical insight into international diplomacy.

Day Two: Diplomacy and Celebration

The second day was marked by intensive committee debates and growing confidence among delegates. As discussions progressed, students became more articulate, respectful, and solution-oriented. The day concluded with a vibrant **Prom Night**, offering students a chance to relax, connect, and celebrate the friendships formed during the conference—making GMUN a balanced blend of learning and joy.



Day Three: Recognition and Reflection

The final day culminated in the **Closing and Prize Distribution Ceremony**, where delegates were recognized for their leadership, diplomacy, research, and teamwork. Awards and certificates celebrated not just achievement, but also growth, effort, and participation. Students reflected on how three days of debate had transformed their confidence and perspective.

Beyond Academics: Skills for Life

GMUN 1.0 enabled students to develop essential skills such as **public speaking, critical thinking, research**, coAs the inaugural edition, **GMUN 1.0** laid a strong foundation for **future MUN conferences at Gurukulam School**. It reaffirmed the school's commitment to **experiential and student-centered learning, nurturing confident voices and responsible global citizens**.

GMUN 1.0 was not just an event—it was a transformative experience that empowered students to think, speak, and lead with confidence.



CLASS PHOTOS

PG



1ST ROW FROM LEFT TO RIGHT: UJAN SHRESTHACHARYA, SAANVI THAPA, RUDRA RAUNIYAR, ANNJAYA MAGAR, AAYAN SHRESTHA, ABHI JUNG GURUNG, PRIYANSH POUDEL, ANAYA ADHIKARI

2ND ROW FROM LEFT TO RIGHT: DHWANI AGGARWAL, TENZIN LHAMO TAMANG, PRIYANSHI SHRESTHA, AAYANSH PANGENI.

(ABSENT- SEZAL SHRESTHA, AKSHIYA SHRESTHA, ABHIK SHARMA, SUHANA THAPA)

FOUNDATION



1ST ROW FROM LEFT TO RIGHT: TENZIN JYAMCHOE TAMANG, GYALCHHEN NORBU LAMA, AAYAN ANSARI, NIRVIG RAJ SUBEDEE, AARON OJHA, ERON RIMAL, AAYANS RAUNIYAR, YASH SHARMA

2ND ROW FROM LEFT TO RIGHT: SAANVI BAJRACHARYA, GREEVA BARUWAL, AADYA SHREE KARKI, SUHANA MAINALI, AAIRA BISWAS MANDAL, TSHERING DOLMA SINGTAN, RIDHVI RUPAKHETI, DIKSHEEKA KHANAL

(ABSENT-SEBRINA JOSHI, IRSHIKA SINGH MAHARJAN)

CLASS PHOTOS

PREP-I



1ST ROW FROM LEFT TO RIGHT: SHIVANSH RAUNIYAR, PRASIDDHI TAMANG, GRACE PRADHAN, AARAMBHI JOSHI, ROSALYN SUBEDI, LEESA SHAHI, AYAN DEV

2ND ROW FROM LEFT TO RIGHT: REYANSH PUN, ANSHU SHRESTHA BALAMI, YOHAAN JAIN, PRANEEL K.C., REYANSH JUNG THAPA, AASHIR KAKSHAPATI.
(ABSENT- SONAM DOLMA TAMANG, SUKIRTI THAPA, LUVAY BANSAL)

PREP-II



(1ST ROW) LEFT TO RIGHT: BHAVISH KHARIWAL, HARSH AGRAWAL, AZLAN AHAMAD, SAMPEL G DONGBAL, ABHEEK SHRESTHA

(2ND ROW) LEFT TO RIGHT: DITYA RAI, KRISHU SHRESTHA, VIDHI AGRAWAL, OVIYA THAPA, AAYASTA BHANDARI, MAYRA AGRAWAL.
(ABSENT- ADITRI SHRESTHA)

CLASS PHOTOS

Grade 1A



The Gurukulam School



1ST ROW FROM LEFT TO RIGHT: ARNAV KEDIA, DENIYA GHALE, DEVANSHI AGRAWAL, AARSHI MAHATO, ADLINA TAMANG, GRIVANI SUBEDEE, AAGRAHA ADHIKARI, KAYA AGRAWAL, AMAYRA KHATUN, AMISHKA THAPA, AARAV PAUDEL

2ND ROW FROM LEFT TO RIGHT: MONAK MOTRA,, ALVIS SHRESTHA, JEBISH NEPALI, SHARAV RAJ PANDEY, AARAMVA PANDEY, HRIT PRADHAN, AAYU GUPTA, ABHYUDAYA PRATAP KHAND, ASHIK KUMAR YADAV, AABAYAK LAMA

Grade 1B



The Gurukulam School



(1ST ROW) LEFT TO RIGHT: SHRISH BHUSAL, SHANAYA PANDEY, SNEHA METYA, RITISHA MAINALI, SADHAVI KHANAL, SAANVI TIWARI, SHREEJU SINGH, REEDIKA SAPKOTA, TRISHA SILWAL, SANVI JIMBA, SANSARIKA SHRESTHA, PARITOSH BHATTA

(2ND ROW) LEFT TO RIGHT: RUBEN URAW, SAHARSHA SAPKOTA, ROMAN SHYANGTAN,, SAMIP KHATIWADA, SANDESH RANABHAT, NIRBED BIKRAM DARAI, AADHISH GURUNG, SIRJAN BISTA, SUYOG BHATTARAI, PUSPENDRA NATH JHA

CLASS PHOTOS

Grade 2



The Gurukulam School



1ST ROW FROM LEFT TO RIGHT: ANMOL TAMANG, BIVASH HADA, NISTHA SINGH, PRISHA KANEL, AROHI DEV, BAIBHAWI AGRAWAL, SAMRIDDI ADHIKARI, DIVAYANI MISHRA, RIDHIMA CHACHAN, AAYUSHMA SHRESTHA, PIHU AGRAWAL, AAYAN BHITRIKOTI, ANUPAM JHYARI MAGAR

2ND ROW FROM LEFT TO RIGHT: RIYANSH NEPAL BHANDARI, AAROHAN DEVKOTA, JAGDIP RANA MAGAR, NIRAB RAJ GHIMIRE, SANGYE TENZIN LAMA, SAMDEN PHURPA DONGBA, SAMIR RAI, KRITAGYA MALAKAR, SAHAS SHAHI, BRIHAN MAHAT, AAYAN SHARMA, PRANJAL THAPA MAGAR, DIPANKAR LAMA, ADITYA SINGH, AARZWAN SHRESTHA

Grade 3



The Gurukulam School



(1ST ROW) LEFT TO RIGHT: VANSI AGRAWAL, DIKSHYA AGRAWAL, SAMPRIYA HAMAL, SAYANA GHIMIRE, MYRA MAHARJAN, ABBHINA KEDIA, AAHANA MAHATO, SHIVANGI KUMARI YADAV, ALLVIA RAUNIYAR, UTSAHA MAJHI, PRARAMBHA SHRESTHA

(2ND ROW) LEFT TO RIGHT: KRITAN BASNET, PRAZON KHADKA, REEVAN BAISYA, SIDDHANT ARYAL, AARAV BAM, PABINA SINGH, AARON PARAJULI, AAYANSH JUNG THAPA, AARAMBHA SHAH, AAYUSH MAHATO, DIVYANG RANA MAGAR

CLASS PHOTOS

Grade 4



The Gurukulam School



(1ST ROW) LEFT TO RIGHT: SHRIYUKTA SHAHI, ANWESH RAJSHREE WAGLE, AARZOO SHRESTHA, NANDITA TIMALSINA, ISHANA SINGH MAHARJAN, SMRITI ADHIKARI, JENISHA GHIMIRE, JAREE PRADHAN, SELEENA DEULA, REEDIMA SAPKOTA, SAMPRADA ADHIKARI, SHIVANSI MAHARJAN, AASHRIYA GAUTAM, SWOPNIL SUBEDI, PRAYATNA BHATTARAI

(2ND ROW) LEFT TO RIGHT: ISHANK MAHAT, ABAN AHAMAD, RISHAV THAPA, UNIK THAPA, RIHANS AGRAWAL, RANVIJAY SINGH, SHREYASH RUPAKHETI, ROBIN DARLAMI, HRIDAAYEN DANGOL, SHIVANSH SHRESTHA, CHIRANGIBI SEDAI, PRINCE LAMA, PRSANNA MUNIKAR

Grade 5



The Gurukulam School



1ST ROW FROM LEFT TO RIGHT: SUPRIM NEUPANE, SAMMAN SINGH BHANDARI, ANSH JALAN, NIYUKTI AGRAWAL, TAMANNA AGRAWAL, GRACY SIWAKOTI, AARABI BUDHATHOKI, HELINA THAPA MAGAR, IRYANA DEULA, SMARIKA GHIMRE, AFRIN THAPA MAGAR, SARAN THAPA MAGAR, SUNAN GAIRHE

2ND ROW FROM LEFT TO RIGHT: SAMYAK SHAKYA, SHIVANSH AGRAWAL, BIPAN RAI, PRATIK JOSHI, AVIN DARJI, IDAMAN RAWAL, PRACHEET SHRESTHA, PRASHANT BISTA, BISHESH RAJ KARKI, KAYAN AGRAWAL

CLASS PHOTOS

Grade 6



The Gurukulam School



1ST ROW FROM LEFT TO RIGHT: SHREEJUNG RAI, RITWIJ KHANAL, SAKSHYAM DANGOL, SUVESH MAN SINGH, YAMAN AGRAWAL, SATVIKA BURLAKOTI, MUSKAN AGRAWAL, GRISHM SAWARTHIA AGRAWAL, PRABIDHI SILWAL, SAMRIDDI SINGH, SHUVEKSHYA POUDEL, UMANGA TIMALSINA, ARNAV BHARUNDIA JALAN, SUNIK KHAND

2ND ROW FROM LEFT TO RIGHT: RUBEN SHESTHA, ABISHEK SHRESTHA, NIRMAL CHHIRING LAMA, RIJESH RAJ SHRESTHA, YUBIK SHRESTHA, AAYAN AHAMAD, ADVAY SHRESTHA, ABHIK ADHIKARI, ADRIAN SINGH, HARSHIT SAPKOTA, ISHAN MAGAR, NIKUL SIGDEL.

Grade 7



The Gurukulam School



1ST ROW FROM LEFT TO RIGHT: AARUSHI SHRESTHA, TIYA AGRAWAL, SHRISTI BHANDARI, SIDHIKA AGRAWAL, AARADHYA PARAJULI, KAREL THAPA MAGAR, ALKA GHIMIRE, KRITIKA BASNET, RIMU LAMA, SUJANA MAINALI, SAMRIDDI THAPA

2ND ROW FROM LEFT TO RIGHT: ANSHUMAN RIMAL, SAYAN LAMICHHANE, GYALPO TAMANG, KASIS MAGAR, ANMOL ADHIKARI, BIRAJ MADAN SHRESTHA, KARTABYA MALAKAR, RIDAM LAMA, ALISON K.C, RIAAN BAISYA, DACHHAN TAMANG

CLASS PHOTOS

Grade 8



1ST ROW FROM LEFT TO RIGHT: NESLON THAPA, PREETI KUMARI SAHANI, ADHVIKA THAPA, NAMRITA TIMALSINA, SAGAN MANN PRADHAN

2ND ROW FROM LEFT TO RIGHT: SHREEM MAHARJAN, CHEWANG TAMANG, SAGAR SINGH BHANDARI, ABHISHEK SINGH, ANSH KHATRI, NARAYAN KHADKA

Grade 9



1ST ROW FROM LEFT TO RIGHT: MUSKAN SINGH, PRACHEE SHRESTHA, GRESI THAPA, CYALON THAPA MAGAR, NAMRATA TAMANG, SHRISTI GAUTAM, AAYUSHMA SHRESTHA

2ND ROW FROM LEFT TO RIGHT: ABISHEK SUNAR, REHAN SHRESTHA, SANDIP SHRESTHA, SAMRAT MAHATO, SAGAR SINGH BHANDARI, REWANSHU SHRESTHA, NIBESH BHANDARI, NEMA TAMANG

CLASS PHOTOS

Grade 10



The Gurukulam School



1ST ROW FROM LEFT TO RIGHT: SUVECHYA DANGOL, KHUSHI MAGAR, YUNA BAIJU, RASHMI TAMANG, SNEHA KHADKA, RAJANI LAMA JIMBA, SAKSHI POKHREL, ELISHA THAPA MAGAR

2ND ROW FROM LEFT TO RIGHT: SRISHAL BASNET, SUHAN TAMANG, ANKIT LAMA, SUJIT KHADKA, ALOK DEULA, DEEP LAMA, AARYAMAN K.C, REWAJ SHARMA REGMI, GRISHAM KUIKEL

3RD ROW FROM LEFT TO RIGHT: SAMRAT MALLA, PRABESH TAMANG, AANAN SHRESTHA, SUDIP KUNWAR, SHUBHA RATNA SHAKYA, PRABNAB BASNET, AAYUSH KC, SAUBHAGYA GNYAWALI, AAMOL CHAPAGAIN, RYAN KOIRALA

School Captains



The Gurukulam School



1ST ROW FROM LEFT TO RIGHT: NARAYAN KHADKA, ANMOL KORANJIT, GYALPO TAMANG, RASHMI TAMANG, NELSON THAPA, NEMA TAMANG, SNEHA KHADKA, SUJIT KHADKA, KHUSHI MAGAR, NAMARTA TAMANG, AARADHYA PARAJULI, ANKIT LAMA, SHREEM MAHARJAN, GRISHM KUIKEL

MID BEHIND ROW: PRANAV BASENT

Administrative Team



The Gurukulam School



1ST ROW FROM LEFT TO RIGHT: AMBIKA BASNET, RINKU AGRAWAL, BINUJA KATHAYAT

2ND ROW FROM LEFT TO RIGHT: MANOJ BAISYA, RATNA BDR BHANDARI, SUBASH BHANDARI, ROSHAN BASNET

Faculty Member



The Gurukulam School



1ST ROW FROM LEFT TO RIGHT: MOUSAMI GHOSH., MERINA SHRESTHA, ASMITA RISAL, SUMANA KHATI, SIMRAN SHRESTHA, AMBIKA MAHARJAN, PINKY GURUNG, SHREYA JOSHI, RUPA SHARMA

2ND ROW FROM LEFT TO RIGHT: MANISHA NEUPANE., AMBIKA BASNET., ROJILA REGMI, KESHARI KHADKA, PRABINA SINGH, NAYNA SINHA, SARADA MISHRA, BINISHA RANA MAGAR

3RD ROW FROM LEFT TO RIGHT: SHUVA RATNA SHAKYA, ROSHAN BASNET, SAGAR BHANDARI, NIKESH KUMAR SUBEDI, RATNA BDR BHANDARI, PRAKASH BISHWOKARMA, BHUWAN POUDEL, BIBEK SHRESTHA

Non Teaching Personnal



The Gurukulam School



(1ST ROW) LEFT TO RIGHT: MINISHA SHRESTHA, SABITA BHATTA, KAILI TAMANG, KOPILA LAMA, SARALA POUDEL, MAN BAHADUR KHATRI, RITA SHRESTHA, SABITA SHYANGTAN, ANITA LAMA, PUJA TAMANG, RUPA MALLA, SUSHILA SHRESTHA

Transportation



The Gurukulam School



(1ST ROW) LEFT TO RIGHT: ROHAN KHADGI, UTTAM NEPALI, SAGAR MAHAT, BUDDHI BAHADUR THAPA, PRAKASH GIRI, SUDHARSHAN POUDEL, BEL BAHADUR GHARE, MUKUNDA ADHIKARI, BISHNU BAHADUR MAGRATINATH JHA

Korea Visit-Building bridges through global learning and collaboration.



Winner of Trinity Inter-School Robo Popping battle



Parents Day Celebration



Inter-school Futsal



Mha Puja Celebration



GMUN



Hiking 6-8



Fire & Earthquake Safety Session



Guest Session_Personality Development



Nepali Speech



Nepal KIDS ICON



Educational Tour Grade 9 &10



Essay Writing



Poem Recitation



Pajama Day Celebration



Profession Day



Quiz Contest



Rangoli Competition



Saraswati Puja



Sauraha Tour



Singing Talent Hunt



Teej Celebration



Tihar Celebration



Traffic Safety



Trip to ICIMOD



Visit Urban Farm



Yoga Session



Zoo Visit



Sports Day



Art Competition



Debate



Diyo Making







शुभकामना सन्देश

नववर्ष २०८३ को पावन अवसरमा हाम्रा सम्पूर्ण विद्यार्थी, अभिभावक, शुभचिन्तक तथा देश विदेशमा रहनु भएका समस्त शिक्षा प्रेमी महानुभावहरुमा सुस्वास्थ्य, दिर्घायु तथा उत्तरोत्तर प्रगतिको कामना व्यक्त गर्न चाहन्छौं ।

द गुरुकुलम स्कूल परिवार



01-5906488 / 01-5381688



info@gurukulamschoolnepal.edu.np



gurukulamschoolnepal.edu.np



Sitapaila Chowk, Swoyambhu, Kathmandu